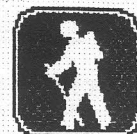
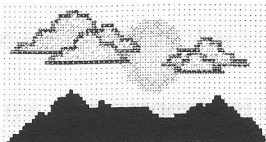


# HIKING HORIZONS

A publication for the adventure hikers of the San Diego Peaks Club  
Vol. 4 No. 3

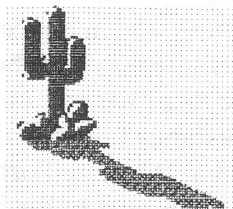


## Views from the Top

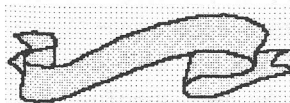


**S**ummer is almost over. Let's go hiking! The weather has been sizzling the past few months, but good times are ahead. We have some great hikes planned. We'll start off loosening our legs on an easy Laguna hike in September, then rev up our engines in October and November with four weekend backpacks: Santa Rosa Ridge traverse; Hellhole Flat; Carrizo Gorge; and the feared 8000-foot hike on the Outlaw Trail. I CAN'T WAIT!

Wanda Zack and Jim Sugg are going to start a series of Saturday hikes. These hikes will probably average 10-12 miles; most people would call them moderate. This fills in the gap between my strenuous hikes and the easy hikes of the San Diego Hiking Club. Thank you, Wanda and Jim. We now have all levels of hiking in San Diego on a weekly basis.

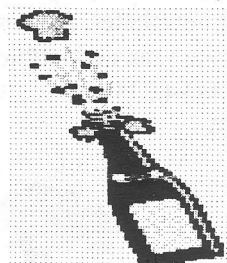


## HIKER OF THE MONTH



**T**he hiker of the month for **SEPTEMBER** is **JOHN McCULLY**. John is the new editor of the "Desert Sage", the publication of the Desert Peak Section (DPS) of the Sierra Club's Angeles Chapter. John has given the Sage a fresh direction since taking over two issues ago. He worked for Apple Computers a while back, where he wrote the original "MacWord" software program. Then, convinced he wanted to start enjoying life more John moved out west. Here he took his early retirement and began hiking the desert. John is a DPS list finisher and former chair. The feat I will always bow to him for is dayhiking **PICACHO DEL DIABLO**. I think Big Picacho is the hardest three day trip I've done and he did it in one day. My hat's off to you, John.

"Congratulations, John  
and Gail"



**T**he hiker of the month for **OCTOBER** is **GAIL HANNA**. Gail, a past winner of the HOTM for her orienteering skills (May 92) is giving back to hiking by volunteering her time and effort to maintain the trails. (Elsewhere in this issue are details regarding trail maintenance on the Cutca trail and the PCT in the Lagunas. Please read it and hopefully you will be inspired too.) As we speak, Gail is climbing Mt Baker in Washington with the HOTM pole. She also had it with her when she climbed Rainier last year. (That little piece of wood gets around, doesn't it?) Gail is a DPS and HPS list finisher. Thanks, Gail.

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## THEY MAKE AN IMPACT!

Here is a group of people whom we hikers should be indebted to. That group is the trail building volunteers. Locally the **LAGUNA MOUNTAIN VOLUNTEER ASSOCIATION** was founded in 1985 to operate under Forest Service standards. They have over 200 people who conduct interpretive activities (eg.. nature walks and campfire programs), staff the Visitor's Information Office, coordinate trail maintenance and patrols, assist in many special projects, and operate the campgrounds in association with the Forest Service. Each year the group puts in greater than **20,000 hours** of work.

Bill Kahn (561-9965) coordinates the foot and mountain bike patrols and trail maintenance projects. Last year Bill's crews spent over **3,000 hours** on the PCT, Sunset, and Secret Canyon trails. We'll honor the Volunteers by hiking the Sunset and Secret Canyon trails this year. (A tripsheet on the Sunset trail is on page 7).

Membership is \$15 per annum, or \$10 if you just wish to subscribe to their newsletter. All contributions (including membership fees) are tax deductible. For activities or other information call 445-6235 or write LMVA, 3348 Alpine Blvd, Alpine, CA 91901.

Thank you, LMVA, for all the good work you do.



**VOLUNTEERS** are needed for the next work project in the **AGUA TIBIA WILDERNESS** (N. of Mt Palomar) on 19-20 November. This is a joint effort of the San Diego and Angeles Sierra Club Chapters with Forest Service support. Due to fires and rain, the remote Cutca trail really needs work. No experience needed. Group will probably make a short, scenic backpack. Please call **Gail Hanna** at 524-1698 (work) or 272-5141 (7-9pm) before Nov 7.

**Our local mountains need YOU!** October 1-9 the PTCA (Pacific Crest Trail Association) and the LMVA are combining efforts to clear the brush from **PIONEER MAIL NORTH TO SCISSORS CROSSING**. Many PCT hikers have told the PTCA that this stretch is the worst in the Southern Cal mountains. They want both weeklong and weekend warriors. You will have porta-potties, tents and RV camping, and cooks to feed you grub cuisine at the base station. For more info call Bill Webster of LMVA between 5 and 8 PM at 756-4797, or at work Mon.-Thurs at 553-4654. Bill will give info only. To sign up call Alice

Krueper of the PCTA in San Bernardino at 909-866-3281. **Gail Hanna** will be helping on the weekend and plans to do some peakbags in the afternoon of the 9th.



## TRAIL TREATS

(trailside chat)

Δ My e-mail address is [HikerPaul@aol.com](mailto:HikerPaul@aol.com)

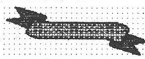
Δ **STEVE COWEN** is planning a seven day back pack around the desert Indian trails of San Diego County in the winter months. Please call Paul if you are interested in this endeavor. No set date.



**WEDDING BELLS** rang for **ROBIN TUCKER** and **DAVE MILLS** in August. Dave was the photographer at my wedding and couldn't get Robin out of his viewfinder. They were married at Whitney Portal in mid-August.

Δ The Hikers of the Month (HOTM) in August, **DONNA AND EDWIN GOOKIN**, won the Orienteering Western States Championships in their respective divisions in Colorado this past July. Edwin, who has a chronically inflamed Achilles tendon, also took 2nd in his division in a tough 5 day event scheduled after the Western States Championships.

Δ **REINHOLD MESSNER**, who has soloed Everest without oxygen and has bagged all the World's fourteen 8,000 meter peaks, will be in LA to give a slide show on Wednesday, November 2. Tickets are available through Adventure -16 for \$12. Come see the World's greatest climber!



Δ Congratulations are due to LA friends and past HOTM honoree **RON JONES** and to **RANDY DANTA AND DOUG MANTLE**. The Sierra Club awarded them national honors: Ron for his outstanding service to programs, Randy and Doug for climbing Everest.



What does **MARK ADRIAN** have in common with Kevin Costner? Kevin dances with wolves while Mark dances with bears! To be more precise, Mark's Toyota incurred \$1000 of damage after two bears danced on the hood and shell. Mark was parked at Whitney Portal and Mammoth Lodge. Yes, right next to the Lodge! He had food in his car the first time, but not the second time.

## TRAIL TREATS

### continued

You may remember that two years ago marmots ate most of his truck's hoses of the in search of the golden elixir called "anti-freeze".

- △ The Desert Trail Association has laid out a trail spanning the length of California. I know of two hikers who have done most of it, **OL' CREOSOTE AND PAUL LIPSOHN**. I contacted Paul recently in LA and asked him to mark a map with the route he did in 1986-7. He said he would do it when he got back from another six week backpacking trip. He just got back from hiking a section of the Appalachian Trail and now he's going out again?! Paul informed me he hiked 2200 miles from July '93 to July '94 in his attempt to walk the perimeter of the U.S. He has finished the PCT and hiked from San Diego to Texas along the Mexican border. He has almost completed the AT and the day after I called he was heading to Maine to hike the Canadian border for six weeks, completing 15-20 miles per day.



**WILD TURKEYS** in the National Forests? The State Fish and Game are due to release forty-eight wild turkeys on the Cleveland National Forest in February and March of '95. Sixteen of the turkeys will be released in Laguna Meadow, sixteen in Love Valley and sixteen in Barker Valley of the Palomar District. Why? So hunters can have fun blowing them away. Why else? Hunting clubs requested the action.



- △ **50% WOMEN!** That's right, half of the SDPC membership is women.

- △ **DENNIS RICHARDS** will finish the Desert Peak Section hiking list on his **50th** birthday on February 11th at Old Dad Mountain. He will hike in Death Valley in October. Interested? Call him @ 462-3643.

- △ I hope to have another **HIKING HORIZONS** out next month. The design will continue to evolve.



As the weather gets wetter, who do you call? None other than the **WEATHER SERVICE RECORDING** at 289-1212.

△



Over the Labor Day weekend the Laguna Mountain Volunteers staged an event called "Living History". There were seven stations spaced about 100 yards apart. Actors representing the people of the era took you back in time from 1915 to 1800, including real members of the Kwaaymii tribe, giving you a feel of local history. My family went and felt transported back in time. This is the 8th year the LMVA has put this on and I look forward to returning for the 9th year. It was great.

△

Costco (off 52 near Convoy) has an excellent sale going. You can get Raichle boots for \$60. I also bought a polar fleece jacket for \$20.

△

One of my favorite charities is the **ANZA-BORREGO FOUNDATION**, which acquires private lands within Anza-Borrego Desert State Park for transfer to the Park for future generations to enjoy. Every year A-16 helps them raise funds at their pre-Mother's Day Sale and Swap Meet. This year the ABF gained 85 members, worth \$1940 and A-16 donated an additional \$3776 as a percentage of sales proceeds. Thank you A-16 and Mic Mead for giving back to your community. So far for 1994, the ABF has acquired 242 acres at a cost of \$33,000.



## WEEKEND OUTINGS CALENDAR

SEPT 11 LAGUNAS. An easy-moderate one by our standards. Where in the LAGUNAS we go depends on the weather. The hotter it is the shorter the hike. Paul 583-0266.

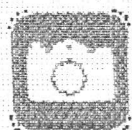
SEPT 17-18 7TH ANNUAL BORREGO SPRINGS MOONLIGHT MADNESS BICYCLE TOUR, FESTIVAL OF LIGHTS, and WATER BOTTLE FIGHT. Terry Flood (729-8221). The title explains this cult trip. SC.



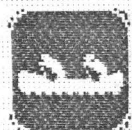
SEPT 17-18 ORIENTEER, PALOMAR MOUNTAIN two-day. Bill Gookin (578-9456) One of the best meets of the year. All levels, beginners through advanced, can come. Starts 10 AM. SDO

SEPT 24 PALOMAR MTN, PAUMA CREEK, Saturday. Carl 448-8542. Here's a chance to hike 5 miles of Pauma Creek's wild upper section on the southwestern slope of Palomar Mtn. Very strenuous hike in a steep canyon. SC.

SEPT 24- OCT 2 ESCALANTE CANYON with Carol Murdock 463-1279. Calf Creek to Harris Wash. Leisurely drive to Utah followed by 4 days of backpacking through history. Fall colors. SC



OCT 1-2 6th ANNUAL CANOE TRIP, Needles to London Bridge at Lake Havasu. Paul 583-0266. Paddle through the Topock Gorge, visit Indian petroglyphs as you canoe 18 miles on Saturday. Sunday canoe two hours across Lake Havasu and be back at your cars around noon for the drive home. This is one of our favorite trips. Cost will be about \$75-80. Call for more info.



OCT 1-9 PCT TRAIL WORK PARTY. See story on page two.

OCT 8-9 SANTA ROSA RIDGE TRAVERSE. Paul 583-0266. This is Jerry Schad's favorite hike. It would be a six star hike, he sez, if it were listed in his book. Last time I did the hike with Jerry it took two 11.5 -hour days. Part of the fun is carrying 16+ pounds of water. Very strenuous. We should be able to set up an optional third day for those who have Columbus Day off (I don't) and want to bag Zosel, Alice and Crab benchmarks. (OR if all the participants can get Friday off we can do a three day trip).

OCT 8-10 GRAND CANYON NORTH TO SOUTH RIM RUN (or fast walk) Carl Johnson (448-8542). Fly to/from Las Vegas, drive to/from the Canyon, stay in motels. Cost: about \$150-200. Private. Still room, but call quickly to book yourself.



OCT 15 BALBOA PARK ORIENTEER. Bill Gookin 578-9456. This is a fun beginner's course. Start 10 AM. Saturday. San Diego Orienteering.

OCT 22-23 HELLHOLE FLAT BACKPACK. Paul 583-0266. This won't be an exhausting hike, but you do need to be in good shape. I will structure the trip around the group. Possible climbs of Pk 5386, Hob, Ode, Kay, The Thimble, and a search for Tuck.

NOV 5 AGUA DULCE ORIENTEER. Lagunas. MacInnis 453-9174. The weather is always great for this meet, and Mac sets good courses, beginning through advanced. 10 AM start. Saturday. SDO.



6

WEDNESDAY

# WALKABOUT

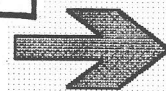
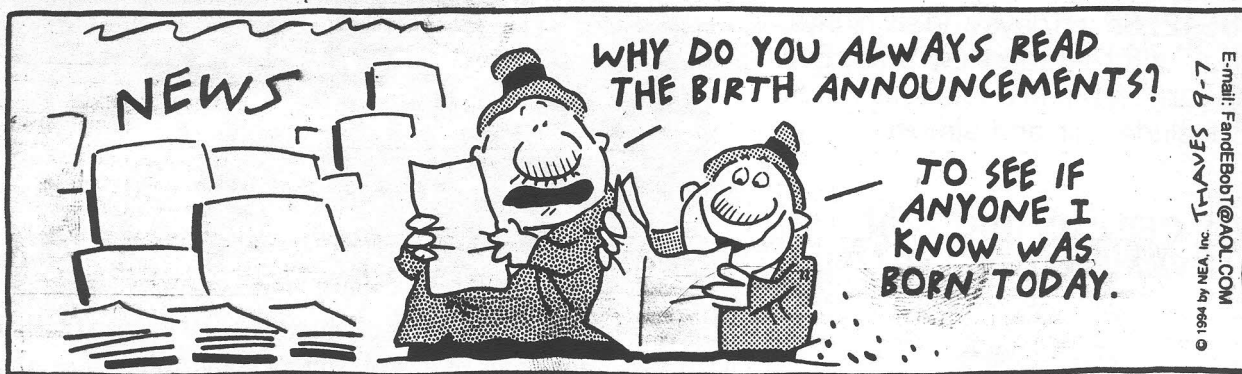
HIKES with JIM "Raccoon" SUGG



Jim arranges and/or leads hikes for Walkabout International every Wednesday. His hikes vary in length and time from 8-16 miles and 5-8 hours. They cover all areas of the county within 1 1/2 hours driving time. Many of the hikes are unique to this group! Al Holden frequently leads the first and third Wednesday hikes. Jim's phone number is 224-7895.

- SEPT 7 Cuyamaca Lake - Stonewall Loop.  
14 Soledad Mt - La Jolla loop. Jim is testing an "in-town" hike for those hot days.  
21 Pine Mtn - Indian Creek loop. Lagunas.  
28 North Peak loop. Cuyamacas.
- OCT 5 Garnet Peak - Noble Cyn - PCT loop. Lagunas.  
12 Monument Trail - Arroyo Seco loop. Cuyamacas.  
19 6K Ridge. Lagunas. A favorite of mine.  
26 Bell Bluff semi-loop hike. Alpine.
- NOV 2 Sheephead Mtn. Lagunas.  
9 Gaskill and Lawson Peaks. See *Afoot and Afield*....  
16 Palomar Mountain.  
23 Corte Madera loop. See *Afoot and Afield*....

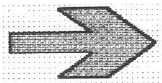
FRANK & ERNEST by BOB THAVES



## WEEKEND OUTINGS CALENDAR continued

- NOV 12-13 CARRIZO GORGE BACKPACK. We will start at the Mexican border by Jacumba to begin the DESERT TRAILS hike, of which this is the first leg. See Schad, p. 286 for description, plus add two miles to the hike. Paul 583-0266.
- NOV 19-20 CUTCA TRAIL VOLUNTEER WORK PARTY. Gail 272-5141. See story on page two.
- NOV 19 OUTLAW TRAIL, Palm Springs to Tram, 8000 feet, or maybe to the top of San Jac and have a 10,000 foot day! All machos and machettes apply! Richard Hughes promises to teach all participants how to yodel! I expect hikers to climb 1000 feet an hour or better. Paul 583-0266. Saturday.
- NOV 24-26 WEAVER'S NEEDLE ROCKCLIMB AND SUPERSTITION MOUNTAIN HIKE. PHOENIX, AZ., Dennis Richards 462-3643. Climb Weaver's the hard way. Fun rappels! Richard Hughes assists on this Sierra Club advanced rating trip.
- DEC 27-JAN 2 COPPER CANYON. Carl Johnson 448-8542. Seven days and six nights. Spend an unforgettable New Year's Eve on the canyon rim in a fabulous hotel. \$775 includes air and almost every-

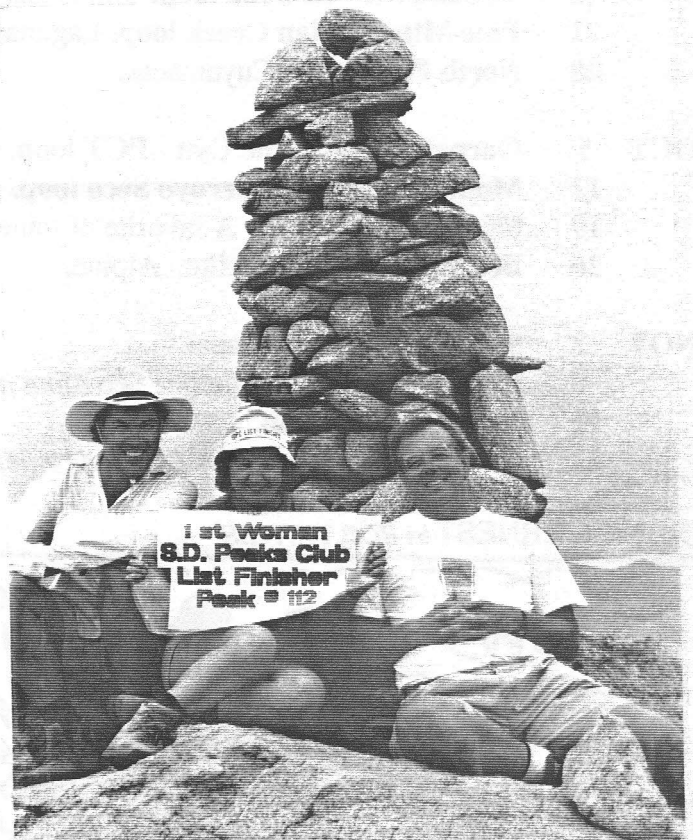
DO YOU FANCY A CERTAIN HIKE AND  
WANT IT LED? GIVE ME A CALL AND I WILL  
HELP OUT.



## HIKES with JIM SUGG

WANDA ZACK, whom many know as a longtime Sierra Club leader, will join Jim and Al to start a series of Saturday hikes for Walkabout. These will have the same 0745 start time, from the same place, but will be slightly shorter than the Wednesday hikes.

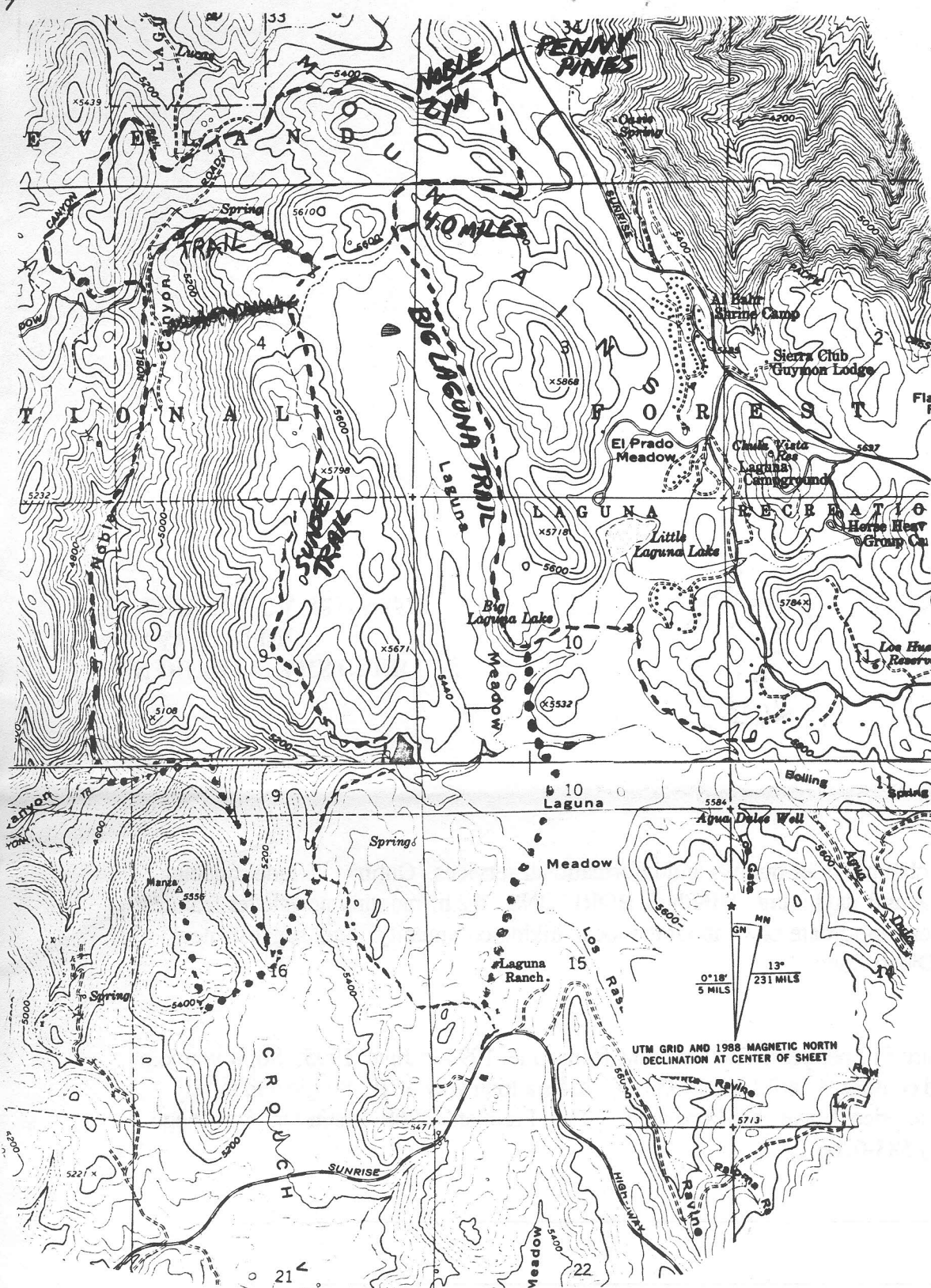
- OCT 15 1st of the series. Loop around Stone-wall. Cuyamacas.
- 29 Pine Ridge - Monument Trail loop Cuyamaca.



The three SDPC list finishers celebrate the first woman finisher. L to R is Paul Freiman, Carol Murdock and John Strauch on Dawn's Peak (AKA Pk 6582).







# SUNSET TRAIL - Laguna

A trail I enjoy frequenting during the summer months is the Sunset trail. This "hikers only" trail is closed to bikes and horses. The trail starts opposite the info kiosk at the mile 19 sign post on the Sunrise Hwy. Schad's book describes a pleasant, nonstressful 8 mile walk combining the Sunset and Big Laguna trails. One of my favorite offshoots is to depart from the Sunset trail after a mile (about 20-25 minutes) and descend west and southwest crosscountry down a hunters' use trail. This drops you to a fence-line at the end of Crouch Meadows. If you want to bag MANZA, following the fence to the far end of the saddle where you will find a trail leading to the peak. If you don't want to take this sidetrip, continue down the watercourse, a steep downhill to the Noble Cyn trail. Walk up Noble Cyn, through the gate, to the paved road (Pine Crk Rd). Hike up the paved road about a mile turning to the right on a jeep road. Continue up the other drainage channel as the dirt road becomes a path along the creek, widening to a road

again as you gain access to Big Laguna Meadows. From here you can either return to the Sunset or Big Laguna trail.

