SAN DIEGO PEAKS CLUB

The adventure hiking club for serious hikers
Issue No. 13

July-August 1993

Well, I did it, got MARRIED!!! Yap. Thank you everyone for wishing Vicki and me well. Gotta tell you about the honeymoon. My dad and stepmother gave us a week in a Flagstaff timeshare. We went to the Grand Canyon, Sedona and visited exciting Indian ruins. Tuesday a pregnant cat that was living beneath the condo started begging for food. Thursday at 9pm she delivered four kittens on our doorstep. We knew they were trapping the cats, so... yes, we brought the cat and kittens home. They are 6 weeks old now and a true treasure. Married one week with a new house, new carpeting and five NONhousetrained cats (plus the dog and cat we already had).

The RAFT trip was the BEST EVER!!!! A full trip of twenty-four adventurers challenged the upper Kern over two class 4 and several class 3 rapids. Robin Tucker did an outstanding job of organizing the event as co-leader. I wanted to reach out to the San Diego Hiking Club (to which Robin is a leader) and several of the participants were from this group. Elden Kidd and his family were our river guides. Elden guided on the Mexican Mayan ruin trip.several of us took last August. I will organize a Hoover Dam (Black Canyon) canoe and hot springs soak trip in October. This will be my fourth annual canoe trip and it fills up quickly every time. Let me know if you want to go and I will put you on a preferential list. The trip is scheduled for October 2-3. No prepay at this time, I just would like to know the interest so I can estimate the amount of craft to rent. Please let me know if anyone wants to open the canoe trip to kids (8+ with good swimming skills).

July 11 Get-together!!!! 3-8 pm. Vicki and I want to show off the new house and let the members of the club meet each other. So.... we are having a POTLUCK!

Give me a ring and let me know you are coming. I hope everyone in the club can come (Please, please, please, please, please!!!!!!) 583-0266.

TRIFS

The trips that I will be leading this summer will not be unduly stressful so I expect to see a lot of clubmates on the hikes. Mark these trips on your calendar.

DUES DUE, DUES DUE, DUES DUE We have started the third year of the club. In this time Paul has lead an average of at least two hikes per month, two canoe trips, two raft trips, Carl Johnson's Baja trips, Sierra Club trips that are lead by members, orienteering meets and SO MUCH MORE! If you joined after January and paid \$15, then your membership is good until June 1994. If you paid \$9 before January, then you owe \$9 to be paid up until June 1994!!!! The dues are designed to cover the expenses of mailings. I hope you enjoy the newsletter. Paul Cavataio-Freiman 4868 Austin Dr, SD 92115-3518. (619)692-1367.

Hiker of the Month

MAY: The HOTM goes to Victoria Cavataio-Freiman. Hey, it's the least I could do! She marries me, she gets the HOTM.

JUNE: The HOTM goes to Robin Tucker for her sensational organizational skills on the raft trip AND for falling overboard on EVERY trip she took down the river AND for being the most enthusiastic adventurer of the weekend.

JULY: This weekend (June 19-22) clubmates Mark Adrian, Terry Flood, Fred Bright, Dennis Richards, and Paul and Vicki Freiman (plus 3 nonmembers) are climbing South Guardian Angel to celebrate San Diegoan's Russell Glavis and Suzanne Booker DPS List Finish!! "Angel" is in Zion and to get to it involves wading through a slot canyon, climbing over a waterfall, and crawling through the 'slime traverse'. Clubmates Dave Jurasevich and Les Hill (AKA the Rock Doctor) are leading what many consider one of the finest hikes in the USA, and yes, THE WORLD!!!!! Dave, who was the best man at my wedding, is also the editor of the DPS Peaks Guide. He will be the HOTM winner for July for writing the best trip sheet I have ever seen. I have reprinted (in reduced form) the first of four pages on page for this newsletter.

Hiker of the Month continued

August: Richard Carey Celebrates Paul's Birthday on the Summit of Denali (AKA Mt McKinley)!!! Actually, I'll bet Richard didn't even remember that June 1 was my B-D, but he did all of us proud that day. If you remember, Mr Carey was the HOTM for February for finishing the DPS list. In January he took the HOTM pole to the summit of Orizaba (Mexican volcano, third highest peak in North America). He now plans to bag Aconcugua (highest in South America) in December with Dave Jurasevich and others. (Guess who is going to get it in December again?!)

Bits and Pieces

A rare opportunity exists to bring the magnificnt 11,000 acre Rutherford Ranch into public ownership. Located in the Volcan Mountains just north of Julian, it is the location of Iron Side Spring, the Headwaters of the San Dieguito River. Six sensitive plant species and 39 sensitive or locally rare animal species occur within the Volcan Mountain area. Bald eagles and golden eagles breed on the mountain. Today the owner is in a financial position that forces him to sell the property. The San Dieguito River Park has established a new program for individuals who are interested in preserving this historic ranch in one piece. For more information, please contact Victoria Touchstone, environmental planner (619)595-5398 for the San Dieguito River Park Joint Powers Authority (or 595-5601).

A funny thing happened on the South Guardian Angel trip. One of the guys bought two blocks of ice for anyone to use in their cooler so they would have cold drinks on the return from the canyon. He forgot about the ice. The COMPANY CAR now had an aquarium in the back. A suggestion to buy some fish was frowned upon.

Russell Glavis, who finished on South Guardian Angel (along with Suzanne Booker) bought a 4x4 truck when he embarked on the DPS list. It was driven mostly on DPS trips, not around town. It has 39,000 miles on it. Russell and Suzanne took only $1\frac{1}{2}$ years to complete the 97 peaks on the list. That must be a record. It usually takes 4-10 years.

 ${\rm \underline{Mark}\over were}$ ${\rm \underline{Adrian}\over leaving}$ only had two to go after the Zion trip and he and Dennis Richards were leaving immediately for Navajo Mtn in Utah. His list finish will be Spectre Mtn "sometime in August". Lovely. Joshua Tree in August!

That reminds me of \underline{San} \underline{Diego} $\underline{Mountain}$ \underline{Rescue} . Next month (July 17-18) we get to simulate finding a downed plane in Anza-Borrego. That will probably mean hiking in 110+ degree heat. (And I'm actually looking forward to it!!!)

Next year Dave Jurasevich and I have an interest in leading a Zion Narrows trip the first week in July. I still want to go to Havasupai (Havasu Falls), but that will have to wait.

<u>Vicki</u> and <u>I</u> stopped off in Las Vegas on the way home from Zion and I am happy to report I walked away with \$140 won at blackjack.

Mark your calendars for Sunday Aug 22 and come to an orienteer that I will be running at UCSD. It's a great course for first-timers!!!!

Congratulations to Shane the dog. He hiked his 25th SDPC peak in May and becomes the first "Bowwow" award winner! Shane is the Phil Read family dog. Phil is one of the top bridge players in the country and is John Strauch's frequent partners.

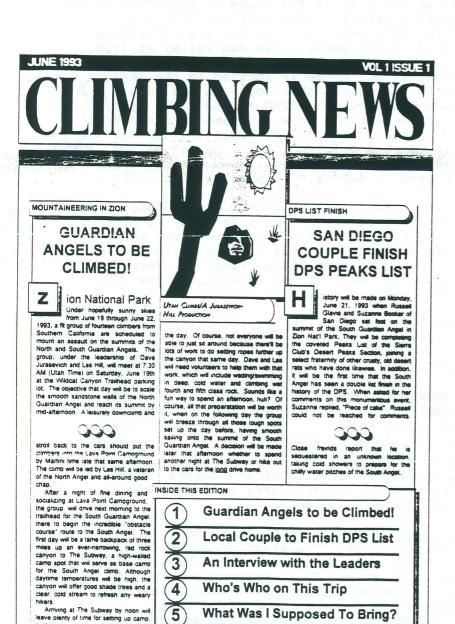
Speaking of John Strauch, the club wishes him a Happy 50th B-D. John has an extra reason to feel old, he became a GRANDFATHER!

Ed Sutor finally bagged the "Big 4". Poor Ed needed those 4 peaks to finish the HPS list and he began trying to get them last September. Well, the area was under fire closure until Thanksgiving, then the rains and snows came. At last he was able to climb (and mountain bike) them. He didn't finish the list though cause they added a new peak, Helicopter Ridge, in the San Gabriels. Now he has had to cancel his list finish on July 3... because of snow!!! Stay tuned. Will Ed ever finish that blasted list!

On related news, <u>Mark</u> <u>Adrian</u> is finally admitting that the HPS has some nice peaks and is actually persuing the list! Oh, my!

More related news, <u>Terri Astle</u>, also has had to postpone her 2nd HPS list finish. She only has Helicopter Ridge and Buckhorn left to do. Terri, last month, celebrated her 70th B-D with a surprize party that Terri and Ed Sutor expertly set up. Terri <u>founded</u> the La Jolla Swim Club and is going back to that sport part-time (instead of 100% hiking it will be more 50-50).

OOPS! New info! The roads are open again and the list finishes of Ed Sutor and Terri Astle are back on for July 3 and 4!!!!



SDPC Peaks Climbed by Shane the Dog

1	04/14/85	Lawson Pk
2	05/27/85	Comb's Peak
3	01/20/87	Tecate Pk
4	03/27/87	Otay Mtn
5	04/24/87	Mt Woodson 2x
6	02/12/88	Blue Angles Pk
7	08/21/88	Garnet Mtn
8	08/21/88	Garnet Pk
9	11/13/88	Corte Madera Mtn
10	05/29/89	Fortuna Mtn 2x
11	11/24/90	Palomar High Pt
12	08/11/91	Sheephead Mtn
13	10/14/91	El Cajon Mtn
14	11/11/91	Iron Mtn
15	12/14/91	Guatay Mtn
16	01/22/92	Bell Bluff
17	02/29/92	Black Mtn (Ramona)
18	04/04/92	Eagle Pk
19		Buckman BM
20		Viejas Mtn 2x
21		Cowles Mtn
22		Black Mtn (Penasquitos)
23	04/03/93	Wooded Hill
24	the same of the sa	
25	05/15/93	Cuyapaipe Mtn

WEEKEND CALENDAR

- Al Holden has ended his SC Monday hikes for the summer. Jim Sugg runs his Wednesday wilderness walkabouts all year. Jim's number is 224-7895.

 AND B-D PARTY
- July 3-4 Ed Sutor's HPS List Finish and Terri Astle's 2x HPS List Finish. Terri and Ed Sutor 455-0786/ Terri Astle 571-0471. Join Ed and Terri as they party down! Each deserves warm cogratulations on his/her achievement. They will finish on an LA mountain. It shouldn't take long to get there.
- July 9-13 or 14 Picacho del Diablo. Baja. "Very strenuous, class 3-4, moderate paced, must be in excellent hiking condition before the hike, be able to pack light, sixth time, wonderful, isolated peak (north and south for those interested). The weather in July is really not too hot. We will lv SD around noontime and drive to the plateau for the first night, spend two nights at Campo Noche, and return to the trailhead Tuesday for those needing to get home. For those wanting a more leisurely return with a stop at Meling ranch, we will return Wednesday. If you are interested send a nonreturnable (unless canceled) donation of \$10 in order to reserve a spot and see who's really serious.
- July 10 Middle Peak-Sill Hill loop. Cuyamacas. Paul 583-0266. This is a hot time of year, so we can stay in the shade of the trees most of the way and visit a waterfall for comfort. 8-10 mi, 1400' gain. See Schad for more details. 1 hr drive to trailhead and 4-5 hr hike at a comfortable pace. Leave Msn Valley at 7:30.
- July 11

 POTLUCK at Paul and Vicki's. Our house is located in the State College area. Take I-8 to Fairmount, then south in the right lane to Montezuma. Up Montezuma toward SDSU to the first right on Collwood. South on Collwood two lights and make a left (54th). Go north on 54th two blocks and make a left (Collier). Go two blocks and make a right (Austin Dr). We are at the end of the street- 4868 Austin. 583-0266. Give us a call and come on over. I am really looking forward to seeing my clubmates!!!!!!!!
- July 17-18 San Gorgonio Backpack with Dennis Richards. 462-3643. "Join us on this strenuous exploratory backpack. Early Saturday we will drive up to our trailhead at Momyer (Mo-my-er) Creek and pack 7½ mi to Saxton Camp. Early Sunday we will hike to 10,806' Carlton Peak before returning to camp and packing out. Permit does not allow for a campfire. For info call betwixt 7-9pm weekdays." See the Hi-Sierran for more info.
- July 24 SD Orienteer at Pt Loma Seaview Park. Sunset Cliffs. Call Bill Sat Gookin for details 578-9456.
- July 24 Clubmates Malcolm Fitzurka and Susan Chance get MARRIED! Congrats!
- July 31 Sill Hill Waterfall, Cuyamaca . Carl Johnson 448-8542. "3/4 day hike, moderate pace, could be hot, a somewhat hard to find beautiful little falls on the east side of Cuyamaca Peak, about 9 miles RT with Middle Peak." See Hi-Sierran.
- Aug 1-7 Big Pine Mule Trip. Carol Murdock 463-1279. Pat Granger asst.

 "Base camp at 5th Lake under the backdrop of the Sierra Nevada
 Palisades area. Mules carry gear, hikers carry only daypacks."

 \$75 and provide own food. See Hi-Sierran.
- Aug 21-28 High Sierra/2nd Annual Women Only Mule Trip. Terri Sutor 455-0786/ Jan Craven asst 455-9229. "The starting point for this trip is the Lake Sabrina area of the Sierra's, west of Bishop. We will hike approx 7 miles, 2000' gain to Hungry Packer Lake where camp will be set up for the week." Mules carry gear, hikers carry daypacks. \$60 and own food. From base we will dayhike, fish, or just enjoy the beautiful scenery.

CALENDAR

Aug 20-30 Fri-Mon Sierra Tarahumara (Copper Canyon). Carl Johnson 448-8542.

strenuous adventurers, less strenuous adventurers, two groups part of the time. Take the bus from Tijuana or fly to Los Mochis, take the famous train to Bahuichivo-Cerocahui and Urique, train to Divisadero, train to Creel-Batopilas-Satevo, and return by train to Los Mochis-Tijuana. All of the accommodations are good, but rustic, with side trips for the strenuous adventures, very rustic. This a chance to go to this area with someone who might not otherwise want to go because they think it would be to difficult. I feel comfortable with the area and know enough local people to see some sights that most people would never have a chance to see. Nancy would be doing the less strenuous activities. August, in my opinion is the best time to see this area, everything is green, rivers are running, afternoons are cooled by thundershowers, and thure are not as many tourists. At this time, this trip will not be a backpack unless there is sufficient interest. The cost for the entire trip, bus, air, lodging(some shared rooms), train, food(some self prepared), basically your expanses, everything kept to a minimum, 11 days, about \$500 to \$800 each depending on how many side trips are taken and how many baskets are bought. If you are interested send me a \$25.00 nonreturnable(unless I cancel the trip) donation to reserve a spot and to see who is really serious.

September-October, 1993, tentative, Sierra Juarez, Rancho San Luis, weekend car camp to the sierra and to see mi amigo Chato.

- Aug 22 Orienteer, UCSD E of Supercomputer Bldg. Paul is organizing this Sun "O". This is an excellent "beginners" area. Come on out people! 583-0266. Starts at 10 am.
- Oct 2-3

 CANOE TRIP- HOOVER DAM-Black Canyon-Colorado River. Paul

 583-0266. 4th Annual. The first day we only go 3 miles in the canoes, but we get to visit 3 hot springs and a sauna cave and just have a relaxing time. Sunday we canoe 10 miles to Willow Beach and return to the cars about 3pm. This should get us into San Diego about 9pm. I will be negotiating with river guide Elden to provide 4 meals while we are on the river. He can also provide transportation for 15 from SD, if you prefer not to drive. Costs will be about \$100 per person. Children (8+) may be accepted on an individual basis. Let me know your likes/dislikes and they may get accommondated. Gold Strike Casino is only a couple miles from our meeting place, so you can have the option of spending Friday night there. We have the late launch, so you don't have to be ready until 8:30 am Saturday morning.



IMPRESSIONS OF MT. McKINLEY by Richard Carey

I left San Diego on May 14th on a journey to Alaska to join an expedition to Mt. McKinley. This would be the year I would give it a try. I had thought about climbing it way back in 1971, when during a trip to the park after a backpack in the Brooks Range, I met a woman who had done it and she said it wasn't that hard. But I had some misgivings about the trip now. For one, I was 20 years older and would I be strong enough? Also the last climbing season resulted in the death of eleven climbers, although I knew most of them were attempting routes harder than the standard West Buttress.

In Talkeetna the group of nine climbers and three guides met at the house of Brian and Diane Okonek who operate Alaska-Denali Guiding, one of seven outfits licensed by the Park Service to guide people on the mountain. Our guides were Blaine and Deb Smith from Anchorage and Colby Coombs from Lander, Wyoming. They were young, but capable and experienced on Denali. We had an afternoon for a very thorough equipment check before our flight to the glacier the next morning. At the well-stocked guide house we selected and packed our lunch food in three 8-day bags. Many of us also got some rental gear for the trip. I rented an expedition down parka and pants for \$80 which I was very pleased to be able to do. We also checked our climbing gear and practiced ascending a rope tied to the rafters, simulating a crevasse rescue.

Weather was clear the next day so we flew in to the Kahiltna glacier in four Cessna 185's operated by K2 Aviation. It happens that Brian Okonek's father, Jim, owns this business. The 40 minute flight in was fabulous as we passed close by Mt. Hunter on the way to the glacier strip. The massive size of McKinley is evident from the plane and our entire route was visible. After a short, bumpy landing on the snow we carry our gear over to a likely camp spot. There are perhaps 50 people there already. Then we dig out a level platform for the tents, something we had to do at nearly every campsite. We stayed three days at base camp with two of them taken up with training in crevasse rescue, roped travel, placing protection, knots, rope management, and packing sleds. I learned a lot and was impressed with the training. Later up on the mountain we practiced ice axe arrest.

From base camp it is 18 trail miles up to the summit, but our distance travelled was probably twice that since we had to double-carry much of the way. Up to 11,000 ft. the route is on the wide Kahiltna glacier, pulling sleds and wearing snow shoes. At 11,000 we cached snow shoes and changed to crampons and ski poles for the steeper ascent up Motorcycle Hill and around Windy Corner. At the large 14,200 ft. camp we cached the sleds and ski poles and used crampons and ice axe from there on. This camp is on a very large flat bench and the Park Service has several rangers there through the climbing season. Limited medical supplies are kept as well as oxygen and a Gamow bag.

At 14,200 one can clearly see the next 2,000 ft. of the route as it goes steeply up to the West Buttress. The last 700 ft. or so have fixed ropes installed on a 45 degree slope. The ropes are probably the most strenuous part of the ascent and one has to lug 50 lbs. of gear up this slope two times! Needless to say, weather is the key to making the summit and here Mother Nature came through for us with about six days in a row of clear, sunny days with practically no wind. From 8 to 11,000 ft. we did have a three day storm with blowing snow, but as we went to the last camp at 17,200 ft. it was perfect. Good weather still means cold nights however, with several at -5 to -15 degrees and -22 degrees (cold!!!) at 17,200 ft. on the morning of summit day. It's a pain fiddling with crampon straps at 22 below zero!

After a rest day at the high camp we went for the summit on June 1st and all eleven of us made it by 4:00 PM, having started at 7:30. One climber left us at the 14,200 camp and went down as he was having trouble sleeping and could not carry his load up the fixed ropes. Several were a bit nauseous at the top and one fellow had to be helped down as his legs were giving out. We got back to camp at 11:30 PM as the sun was just going down. Temperature on top was a balmy zero degrees, actually quite pleasant, and one could remove gloves for some time to take pictures.

It was amazing how fast we went down with a camp at 14,000 ft. then all the way down to 8,000 ft. the next day, and then to base camp in a few hours the following day. The warm sunny days had opened up many small crevasses we had not seen on the way up. This fact ends the climbing season in the first week of July as the landing strip deteriorates to a dangerous state.

Summarizing, I would say the West Buttress route, especially in a guided group, is quite safe, however; it is strenuous and cold much of the time. Proper gear is critical. And I wouldn't want to go beyond the high camp with any wind at all for chill factors can be dangerous. An interesting fact is that we met a blind woman who was guided to the top by her two sons. There was also one death when a Seattle man fell while descending the Orient Express. With the relatively good weather so far this year the success rate should be good. Leadership and training with Alaska-Denali Guides was excellent and I recommend them if you want to give McKinley a try.



The Anza-Borrego Foundation

DESERT UPDATE

No. 5

A Non-Profit, Public Benefit Corporation

Summer 1993

RECENT LAND ACQUISITIONS -COMMERCIAL PROPERTY AND LION HABITAT

One of ABF's most important recent acquisitions was the Walden H. Staude property with an office building at the junction of Montezuma Valley Road and Palm Canyon Drive, which lies at the Park's very entrance. While the 7.84-acre parcel is smaller than most acquisitions, its importance to the Park cannot be overestimated. Its purchase guarantees that visitors coming down Montezuma Grade will not have to approach the park through a corridor of commercial development. This purchase was possible largely because the Staude Trustee, Jean Kershner, allowed the Foundation a gift of a sizeable portion of its appraised value. The use of the building has not yet been determined.

Other acquisitions include five parcels containing 90 acres of Mountain Lion habitat. Another 64 acres were acquired in Riverside County in a primitive area, near a watershed, which has been threatened with adverse development.

One of the major projects on which the Foundation is working is to effect a trade for an important inholding within the Park for an 81-acre gift of land on Borrego Springs Road, adjacent to Rams Hill, outside the Park. This gift was by A. A. Burnand III. (See article on A. A. Burnand's gifts to the Foundation on page 2.)—RR ▲

PARK BOND MEASURE COULD BENEFIT ANZA-BORREGO

he Planning and Conservation League (PCL) is leading a coalition of state and local environmental interests in preparing a new park bond measure. Entitled "CalPAW 1994" (Californians for Parks and Wildlife), the initiative is expected to appear on the June 1994 ballot. The new measure would provide the most significant new source of state funding to purchase park lands since the original citizen-run CAL-PAW initiative in 1988 (Proposition 70). That landmark \$776 million funded over a thousand projects and provided \$5 million for purchasing inholdings within the Anza-Borrego Desert State Park. The Anza-Borrego Foundation received grants from this fund for purchases of inholdings.Today, Prop 70's millions are virtually gone.

Overall, PCL received proposals for more than 800 individual programs and projects totaling \$8.9 billion. The coali-

tion estimates that the initiative will request about \$1.9 billion in funds including \$16 million for projects proposed by the Anza-Borrego Foundation: \$12 million for purchase of inholdings and lands immediately adjacent to the park, including Sentenac Marsh, \$2 million for acquisition of Mesquite Bosque in Borrego Valley, and \$2 million for acquisition of native wildflower areas in Borrego Valley. Included in the \$12 million project is up to \$1.5 million for the Department of Parks and Recreation to prepare a resource inventory and management plan for the Anza-Borrego Desert State Park.

The initiative was submitted for review on March 26. Citizen groups will be working from May through October—that's just 150 days—to collect the nearly 700,000 signatures required to qualify the measure for the June 1994 ballot.



"Snatched from the Jaws of Commercial Doom." Land trust volunteer Libby Higgins beams as she removes sign during cleanup of building near Park Headquarters.

How you can help...

here are two ways you can help the Anza-Borrego Foundation do its part in gathering the required signatures. One is to join with a group of volunteers, under the direction of the San Diego PCL coordinator, to collect signatures at prime gathering areas such as malls, fairs and shopping centers. Secondly, you can help by being responsible for one or more individual petition forms to collect signatures from co-workers, friends and relatives. For more information, contact Linda Nordstrand (619) 767-7402.

ANZA-BORREGO FOUNDATION



P. O. Box 2001, Borrego Springs, CA 92004

A Nonprofit, Public Benefit Corporation

June 15, 1993

Dear Members and Friends:

7,000 x (unknown) = \$16,000,000

That's a lot of morely! And it is exactly the amount the Anza-Borrego Foundation and Anza-Borrego Desert State Park will receive from the successful passage of "CalPAW '94" (Californians for Parks and Wildlife) which is expected to appear on the June 1994 ballot.

The Planning and Conservation League (PCL) is leading a coalition of state and local environmental groups, including the Anza-Borrego Foundation, to get this measure to the voters. Each organization has been requested to collect a specified number of signatures based on the dollar amount of their approved projects. That's where we need your help!

(unknown) = YOU!

Can you volunteer a minimum of one block of 3 hours to help collect **7,000 signatures** on petitions before October 31, 1993? The Foundation will coordinate volunteer efforts to gather signatures in Borrego Valley and surrounding communities and in the San Diego area. Prime gathering sites will be malls, fairs, shopping centers and community events. You can also help by being responsible for one or more petition forms to collect signatures from relatives, friends and co-workers.

How will Anza-Borrego benefit? The CalPAW initiative requests \$1.9 billion for statewide projects. Anza-Borrego projects include \$16 million for purchase of Anza-Borrego inholdings, critical adjacent lands and wildflower areas. Included in the \$16 million project is \$1.5 million to the Department of Parks and Recreation to prepare a resource inventory and markagement plan for the Anza-Borrego Desert State Park.

With your help, our effort to ensure the passage of this initiative will be the most important action we can take to secure the future of Anza-Borrego!

<u>Please complete and return the enclosed card as soon as possible</u>. One of our coordinators will contact you about training and arrange assignments. Thank you!

Sincerely,

James J. Rickard, President Anza-Borrego Foundation David H. Van Cleve, Superintendent Colorado Desert District, DPR

OBJECTIVE: To acquire private lands within the Anza-Borrego Desert State Park for transfer to the Park for future generations to enjoy.

