SAN DIEGO PEAKS CLUB

An adventure hiking club for intermediate and advanced hikers

Issue No. 5

November-December 1991

As I start to write this newsletter the weather has finally started being autumnlike. TIME TO FROLIC, er,hike, IN THE DESERT! Desert hiking will involve a bit more fitness than the hikes we've been doing the past two months. This is because it involves crosscountry travel, over rough terrain. I have interviewed most of you in the club and I am satisfied that most everyone can do the rigors and have a great time. If you have any doubts or questions regarding a hike, please don't hesitate to call me. My morning phone is 692-1367(please call after 10am). I work from 3-11:30pm. My work number is 543-5859. If you get a recording at work, leave a message and the system will page me. I will return your call when I have a free moment. Don't hesitate to call. The powers that be at work finally hired another tech last week. This means I only have to be on PM shift another 6-7 months (while my replacement is trained).

We have gained 20 new members since the last newsletter. Our total is now 54! We are steadily increasing membership by 10 per month. Here are the newest members: Linny Sarnecki, Peggy Crunican, Dave Hardy, Leslie Virgil, Jay Friedman, John Stauch, Mary McLain, Kelly Cummings, Judy Richardson, Cindy Outlaw, Robin Tucker, Ken Olson, Paul Salter, Jim Patterson, John and Cheryl (Edwards) Tannenberg, Dale and Diana Newhouse, and Jim and Donna Hawkins.

Awards

John Strauch has earned the mini-macho award by hiking over 50 peaks on the list. Terri Astle completed (and celebrated with champagne) her 50th peak on Bell Bluff on Jim Sugg's hike Oct 23. She, of course, will be earning the mini-machette award!

Hiker of the Month
The hiker of the month of November is John Strauch. John has completed all 176 hikes in Jerry Schad's "Afoot and Afield in SD County". You have to have a lot of adventure in your soul to do that. What impresses the daylight out of me is the fact that John and his wife, Cathy, are two of the finest bridge players in the region. John's bridge partner, Evan Bailey, is 120th in the nation. Good to have you on board, John. Can you give some bridge tips to a novice? John also frequently wins Reader T-shirts by solving the puzzles.

The hiker of the month of December is Terri Astle. Terri is well known throughout San Diego for her HPS activities and Sierra Club hike leads. She is an HPS list finisher. She also founded the La Jolla Swim Club in the early '70s. She guided the club through some lean years and now the club is flourishing. She has been very helpful to me and my new club. In coming months look for hikes lead by Terri.

Previous HOTM Awards
I would like to rerun the previous Hiker of the Month honorees for our new club members. June- Beth Davis, July & August- Jim Sugg,
September- Carl Johnson, October- Al Holden, Sr.

I would again like to thank Carl Johnson for woodcarving a HOTM (pronounced ho-tem) pole, a continuing award for the 'hiker of the month' honoree to strap on her/his pack during the month of award.

Macho (Machette) Award
Hiking 50 peaks on the list earns the mini-macho award. Hiking 100
peaks earns the macho, and list finishing earns the mega-macho.
Earning the mini-macho(fem. machette) is Gordon MacLeod, Wes Shelberg,
Amentia Allegro, Rass Webo(aka Russ Weber), Paul Freiman, Al Holden,
Jim Sugg, John Strauch and Terri Astle. Earning the Macho is Paul
Freiman(I had a head start). Nobody has list finished.
Gordon lives up in LA and did most of his hiking down here in 1978.
It was really great fun to wonder if Gordon had climbed the peak that
I was about to get. More often than not, he had. Gordon and companion,
Barbara Lilley (a legend in her own right!), have recently completed
climbing all of the LEGAL mountain range high points in Arizona!! (There
are 193 mountain ranges, but about 40 of the high points are off-limits.
Arizona mountain climber and lawyer, Doug Kasian, has climbed all
193!!!!)

Another name I would usually see in the registers as I was culling the list was Wes Shelberg. Wes is a desert rat who lives here in SD. For the past seven years I have enjoyed his friendship, hiking with him and using his vast knowledge to discuss routes.

Make No Mistake!

A prospective new member sent in his dues. I called him to discuss the SDPC in order to find out about him and to ascertain his needs and wants. I told him what I was doing was to group together all intermediate activities, then add my hikes to fill out the schedule. He replied, "Well, it seems to me that what you're doing is stealing hikes from other organizations and calling them your own. Send me back my check". I chuckled in bewilderment and agreed to send his money back. In the current schedule I have listed one Baja trip, two orienteers, three French hens, four Sierra Club trips(whose leaders are also SDPC charter members), five gold rings....(Yes, Christmas is coming and I'm in the mood!). To this schedule I have added six of my own hikes, spaced so as not to conflict with other activities. I am not out to compete with fine organizations like SDO and SC. I am trying to support these clubs! (The more hikes the Sierra Club lead, the less I'll have to lead.)

Why did I start the SDPC?

Because I was tired of hearing many, many other people say, "I looked at the Hi-Sierran, spent two minutes seeing if they had any decent hikes, then threw it away in disgust". Why do I call the SC a fine organization, then "bad-mouth" them? Because I'm sick of them losing good leaders through their restrictive policies. I talk to a lot of leaders and a lot of them say they will only lead one hike per year (to keep their rating). The SD Sierra Club is over 17,000 members strong, has over 300 leaders and they can only put out 4 intermediate hikes in a two month period! The SDPC is over 50 members strong and we will add 6 hikes to the two month schedule. Oh, my! Something is wrong! I want to help the SC, so I encourage their leaders to lead hikes. This is starting to work! By working together to help hiking in SD grow we will both benefit. This, I find, works better than praying (ref. Hi-Sierran, Jan 1991,p.2, From the Chair column).

#### WEEKEND CALENDAR

- 2 Agua Dulce orienteer, Mt Laguna. MacInnis 453-9174 This orienteer is on SDOs best course. Enjoy the Lagunas. Great fun!
- Nov 2-3 Baja. Rancho San Luis. Carl Johnson is organizing an easy car camp in the Laguna Hansen area. This area has a beautiful pine forest plateau. Day hikes of Pico Rasco or Pantalones possible. Call Carl for more info. 448-8542. Trip is popular, may be full.
- Square Top (see Schad p.173). Paul 692-1367. This is a strenuous sunrise to sunset trip in the Sheep Canyon area. Join Paul as he finishes the SDPC list of 105 peaks. We will be driving out Saturday morning in the very early hours. Lots of bouldering. Paul will lead, but desert rat, Wes Shelberg, will guide us. Nov 10 Paul will lead another hike in the same area as Nov 9.

- Nov 16 Hauser Cyn. Dennis Richards 462-3643. (see Schad p.165) Schad sez this is a 13.5 mi rt,  $6\frac{1}{2}$  hr rt. The water is usually flowing so be prepared to take a nice dip in the cool water. A lot of the route is tree lined and shady.
- Nov 16 Cowles Mtn. Carl Johnson 448-8542. Carl is shunning the usual southern trail, instead he will go on little traveled trails on the north side of the mountain. Visit "North" and "Middle" Peaks in addition to Cowles. Seek adventure with only a very short drive.
- Nov 17 Granite Mountain. Paul 692-1367. (see Schad p.233). Wes will again guide us up a spectacular way. It is a bit longer than the way Jerry goes, so expect a sunrise to sunset trip. We will again get up very, very early for the 2 hr drive to the

trailhead. This is the best route up the mountain! No question about it!

Nov 23 Ken Peak. Terri Astle/Terri Sutor 571-0471. This peak is out on the Desert Divide (by Idyllwild area), about 2 hr drive to trailhead. This peak is being considered for list addition by the HPS. It was first hiked by Sutor. It is an LA/SD Sierra Club hike in addition to being an SDPC activity.

Nov 28 Happy Thanksgiving. I'll be playing in Death Valley.

Cath Halley nor 9-11 Bondy + Sast Clance, Richard Carry

- 7 Motrero Palms to Goat Canyon. Paul 692-1367. This trip will fairly closely follow Schad (p.271). You will get a view of the tressle that matches the photo on page 270.
- 8 Indian Hill. Paul 692-1367. Campout Dec 7 and enjoy the Indian Dec petroglyphs on this hike. From here it is different from Schad, as we boulder up to Moan and over to Windy before looping back to the cars.
- Dec 14 Indianhead. Dennis Richards 462-3643. (see Schad p.181). The trip will go as Schad describes. Bring your cameras because there is a very high probability of seeing bighorn sheep. I have gone up here three times and came within 15 feet of a Bighorn twice! A strenuous hike.

\*\*\*Extra-Extra \*\*\* Through the SDPCs Beth and Ralph Davis, we have the opportunity to use their jacuzzi and BBQ at Ram's Hill. When I heard that

I agreed to put on a hike on Sunday.

- Dec 15 Grapevine Mtn. Paul 692-1367. (see Schad p.219) We will take the PCT most of the way, then branch off up a wash to the highpoint. An emblem hike. If you couldn't get out to Indianhead you can still come out for this one!
- Dec 21 SDO Christmas Lights Nite-O. Bill Gookin 578-9456. Oh, come all ye faithful and combine Christmas light viewing with an orienteer.
- Dec 22 SDO International Orienteering event. Bill Gookin 578-9456 Dec 26-31 AYH 35th Annual Christmas trip bike ride. 239-2644. Enjoy a Christmas tradition with the American Youth Hostels as you bicycle through the counties around San Diego. Ride over mountains and deserts, about 60 miles per day, with one 100 mile day. All luggage is sagged. \$150 includes Van support, accommodations(ie.a place to sleep), all breakfasts and dinners, leadership. If you ride a bike and have the time off you must go on this trip! I enjoyed it 10 times back in my cycling days.

#### WEDNESDAY WALKABOUT

Jim Sugg 224-7895 leads a different adventure hike every week of the year. No repeat hikes! He designs his hikes to be about 11 miles in 5 hours. Almost all of the hikes are within an hour's drive. Starts are usually 7:45 meet, leave trailhisad 9-9:30, finish hike 3-4pm.

Nov 6 Palomar Mtn loop, Al Holden guides

Nov 13 Corte Madera loop, Jim's favorite hike

Nov 20 6K Ridge-Mt Laguna- Al designed a real beauty. This is a fantastic adventure hike!!!!(even though a few of us did it in a thunderstorm).

Nov 27 PCT-Boulder Oaks-Morena Lk

Dec 4 Sheephead Mtn, Mt Laguna, Al guides

Dec 11 Guatay Mtn loop, Jim leads an excellent loop trip

Dec 18 South Laguna slopes, Al guides

Dec 25 Mt Woodson loop, stretch your legs on Christmas day

#### Bits and Pieces

I am happy to report that I was very wrong when I thought, in this column, that I was older than Russell Glavis.

Interested in kayaking? Southwest Sea Kayaks will rent you one. They also have a full calendar of activities going, including fun Baja trips for low cost. 222-3616 for more info and a free newsletter.

I would like to thank REI for the support they have given the club.

Ca Mountaineering Club (CMC) is a members only club out of LA that started when the SC gave up on part of their members. The club does the trips that SC doesn't do (rock climbing, ice axe and crampon activities). The club has over 200 members, 12 from San Diego (Fred Bright, Richard Carey, Thomas Eng, Terry Flood, Paul Freiman, Cathy Hanchett, Gail Hanna, Rob Langsdorf, Ken Olson and Bill Stevens. Beth Davis and Rheta Schoeneman are provisional members. Contact one of these people if you are interested in this club.

In the third issue I told about a <u>paragliding</u> lesson I took. Marcus Salvemini 454-0598 (Airtec Paragliding School) will drop \$25 off the introductory course fee (You pay only \$50). You spend all day at the Poway jump site and get off several jumps. My friend, Sue, tried it and was absolutely giddy over it. Last time I talked to her, she was going to buy a glider.

Mountain Biking fanatic alert! Coming the last weekend in January is the Coyote Clunker Classic! I have always been under the opinion that this ride is the most fun you can have on a mountain bike. Over 250 cyclists rode last year. Ralph Elliot, the event promoter, picks you up in Borrego, shuttles you and bike to Terwilliger(Anza), and you ride the thirty miles: back to Borrego by descending Coyote Canyon in the Anza-Borrego Desert on desert trails. Upon returning you will be fed as much food and drink as you can stand. The T-shirts are classics! More on this (entry form, etc) next issue.

#### MEMBERSHIP

Memberships to SDPC are \$9 and run from June to June. Family membership is the same price. ("Family" is anyone so long as the address is the same. Send name, address and phone # to Paul Freiman, 4421 Maryland St, San Diego, CA 92116-3902, 692-1367. Make checks payable to Paul.

The letter to the right of the page was written about March, 1991. My fellow editor(of the MPS Lookout) has been refusing to print it. That doesn't bother me. What bothers me is that in his year of editorship not a single "letter to the editor" has been printed in the Lookout. is considered by most editors(and "letter" I have talked to most past and present HPS,DPS, SPS,CMC newsletter editors) to be a very high priority. Why? Because not all the members can get to the monthly meetings and to disenfranchise them by not printing letters is to take away their vote. It's as if he is saying, "I know what's important, you don't". I consider it a sorry day when the only thing that gets printed is what the editor agrees with. I don't think "editor" is the right word in this case, it's "editor" is the right word in this case, it "censorer". Come on, APS, print some letters. not necessarily mine, but print some!

Letter to the Editor, HPS Lookout

I would like to suggest a name change to our section to reflect our current emphasis. I think we should change our name from the "Hundred Peak Section" to the "Hundred Awards Section". with the addition of the Leadership and Conservation awards that were recently voted in by the membership, well... I'm finally coming over to the view of the Section that awards for 100 peaks, 200 peaks and list finish are not enough. I now agree. I would now like to jump on the current bandwagon with these suggestions for "list" additions:

1. Designer award- this award is for people who design 3 or more patches. They, of course, would have their own patch.

2. Macho (Machete) award- for everyone who "bags" all the awards(ie. a list finish).

3. Mini-macho award- for bagging the outstanding awards.

4. Lew Amack award- for finishing the hiking list in less than one year.

5. Lawis Amack award- for bivouacing 6 or more times during list completion.

6. Tima Stough award- for solo hiking the list.

 Bobcat award- for anyone who pushes for an award, then sends in a "competion" date that is more than 3 months prior to the awards approval.

8. Lat's have an annual award of a mountain! If we can name Mt Akawie without official approval, then why wait for

Mt Backus or Mt Fink or (my personal favorite) Mt Freiman! 9. Let's have an award for every member of this year's board. They have a hell of a lot of work after last year's 'year of stagnation', when meetings were held and nothing was

The current shift away from hiking is a good one. Hiking was getting boring anyway. Yuppies need awards.

Paul Freiman

New club motto: "A bad day hiking is better than a good day fishing!"



## Reflections of a DPSer

WES SHELBERG SAN DIEGO

338

Don't waste the present moment. Don't let it pass you by, Hike while the sun is shining, Climb ere the night draws nigh. We cannot bid the sunbeams to lengthen out their stay, We cannot ask the shadow to ever stay away.

As winter storms will follow. Our pleasant desert days, So all our joys may vanish, And hard may be our days. And if we are not mindful the chance may fade away, For life is quick in passing and lost in a single day.

\* Apology to R. B. Baird, "Improve the Shining Moment"

# ADVANCE NOTICE: SCHEDULE #258

### Compiled by Patty Kline & David Eisenberg

11/2/91-11/3/91	Giching, Snow
11/2/91-11/3/91	San Raizes Pt. Loorwood, Thom Pt. San Gustermo
11/2/91	Bignom Pt, Ontario Pt, Sugariosi Pt
11/2/91	Cooter Ridge
11/2/91	Hawruns, Middle Hawruns, South Hewens
11/2/91	Mt. Waterman
11/2/91	Mt. Wilson
1/9/91-11/10/91	Hiddle, Cuvernace, Stonewell, Celtzante, Garnet Mts, Garnet Pt, Monument, Cuvernace, Sheepneed
11/9/91-11/10/91	Thom Pt. San Platinit, Lockwood, San Guillering
11/9/91	Pacifico, Round Too, Granne #1, Rabbit #1
11/9/91	Rose, Beden-Powel
11/10/91	Kraska Ridge, Waterman
11/10/91	Smith Min
11/13/91	Luxans .
11/16/91-11/17/91	Grannie, Whale, San Ysiaro, Hot Sanng
11/16/91-11/17/91	Onyz, Skunner, Mayan, Bustantress
11/15/91	340
11/15/91	Chief, Hinnes, Toossoon Bluff
11/16/91	<b>L</b>
11/16/91	San Guilermo, Loorwood
11/15/91	- Westerman
11/17/91	JOSEOTRIPO
11/23/91-11/24/91	Calento, Lizard Head, Curema
11/23/91-11/24/91	Lion, Pyramid, Pine, Paint View, Black #1, Casde Rocks
11/23/91	Hidren .
11/23/91	iron #1
11/24/01	Rectionners Pt
11/30/91-12/1/91	Wartnez, Shoop
12/7/91-12/8/91	Middle, Cuyamaca, Stonewes, Monument #1, Garnet Plt, Garnet Mth
2/7/91-12/8/91	Rose Pt. Villager
12/7/91	Qual, Aran
12/7/91	Smm
12/8/91	Pinnades, Mane Louise
12/11/91	Hawtens, Middle Hawtens, South Hawtens
12/14/91	Iron #2, Fox #2, Condor
12/14/91-12/15/91	Eagle Crag, Cahusta, Lutte Cahusta
2/14/91	Clagnom, Caron, Sugargana, Monument
12/14/91	Sarrango, Modeska
2/21/91-12/22/91	Hines, Chief, Onega Pit, Onega Hill
2/21/91	LA Xmas at Nee
2/25/91	Josephine
2/28/91-12/29/91	Beauty, Iron Sorings, Comas
1/1/92	Lurens
14/92-1/5/92	Grance #2, Whose
1492	Emma, Old Emma, Cole Pt
14/92	Sally, Vener, Mooney
1492	Shoop Man
(5/SZ	Jacquero Sorter, Plant
/5/92	Kircing
/11/92	Iron #2, Candar, Fax #2
/11/92	Lukens
/11/92	Modesta Pk
/12/92	Buck Pt, San Sevene-
/12/92	Lukens
/15/92	Buck Pt, San Savene
/18/92	Barley Rate, Lawtor, Strawberry, Josephine
/18/92	Screetty Address

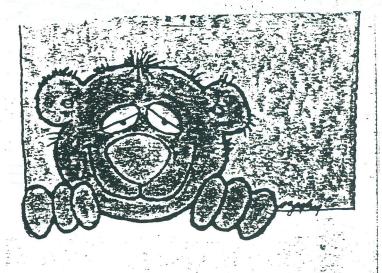
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Nov 2, Sat AGUA DULCE, Mount Laguna Mac Innis 453-9174 Dec 21 Sat CHRISTMAS LITE NITE-O Dec 22 Sun INTERNATIONAL ORIENTEERING EVENT For up-to-date information about these meets, call 578-9456.

SAN DIEGO ORIENTEERING meets start at 10:00 a.m. unless otherwise noted. Registration and instruction for beginners and to help orienteers move up to a more difficult course begin an hour before first starts and continue during the meet ... usually until noon. Most meets are followed at noon by a pot-luck picnic and discussions of the courses for the day. Registration fees for most meets are \$4.00 and include the map. Compasses may be rented for \$1.00 and whistles purchased for \$1.25 each.

SDO MEETINGS are held on the third Thursday of each month at the Standley park Recreation Center, 3585 Governor Drive, between Regents Way and Genesse Ave., in University City. Each meeting begins with a pot-luck supper and social at 6:30 p.m. followed by the program at 7:30; come early and get to know some of the members!

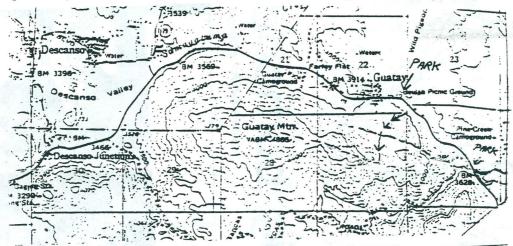
MARKI ŧ. NOV NOV NOV NOV 16-17 23-9-10 9-10 MONTHLY MEETING Needle-Manly Patterson-Stanislaus 50th Anniversary NY Waucoba-Nelson Mormon Double List Finisher Explo-Virgin Bloland-Lubin Jamison-Tidball Smith-Camphousen VanDalsem-Jones Jones-Mamedalin Tidball-Jamison



P

Guatay Mtn

To get to Guatay go east on I-8, get off at Japatul Valley rd and go north. Stay on old hwy 80 up to Guatay and start downhill. Park at the first curve in the road. There is room for a few cars. Walk down the road 100 yds and you will see a trail slanting uphill. This will take you up to an intersection of trail and jeep road. Go up the steep road to the ridgeline then follow this west along a firebreak to the summit. As an alternative parking area you can park at the bottom of the hill at the intersection of the Pine Creek road. Here you will see a dirt road that starts on the west side of Pine Creek. At a bend in the trail a nice path heads uphill to the aforementioned intersection. Jim Sugg has developed a very nice hike that starts here. I admire Al Holden and Jim Sugg. They both will investigate and area to design a wonderful hike for their followers. I showed Jim a simple peakbag up and down Guatay, then went on his Wednesday hike a few months later and thoroughly enjoyed the many changes he designed to make it a delightful loop trip.



Also, for those interested in danning ahead, tenatively I am planning the following outing to Mexico - let me know if you are interested.

1. Canon Providencia, Sierra San Pedro Martir, to ten tier waterfall, class 3-4, extremely remote and strenuous backpack. Spring 1992.

2. Canon Tajo, Sierra Juarez, top to bottom, strenuous backpack. Spring 1992.

3. Rio San Antonio falls, extremely remote and strenuous backpack. May 1992
Memorial day.

4. Possibly Picacho del Diablo and/or Sierra Tarahumara-getting to be semiannual trips, summer 1992

If you are unable to make these outings, maybe another time.

Carl Johnson 2076 Ventana Way, EL Cajon, Ca 92020-1043

448-8542

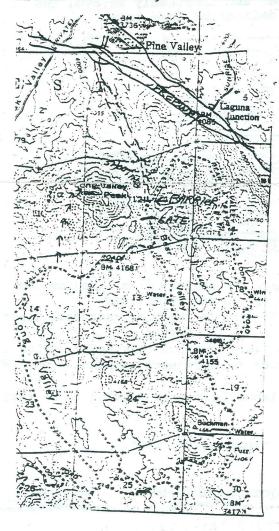
McLaren, 49 the rugged packed and a half-a-day. Mariboro manda has reached an out-of-court settlement with his doctor—for failing to diagnose his lung cancer.

Jenkins: "He treats us like men. He lets us wear earrings."

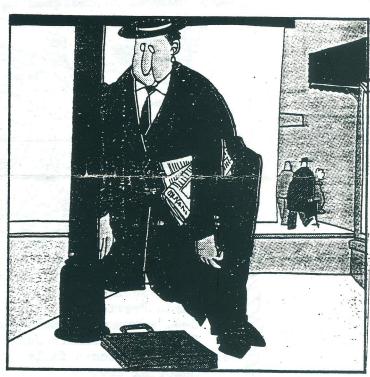
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Long Valley Peak

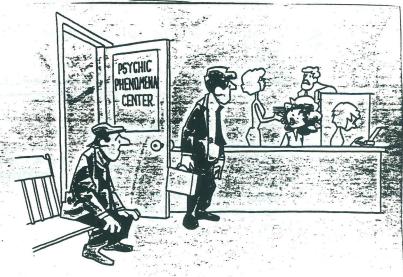
Long Valley Peak is a beautiful looking peak that you've probably admired as you drove by Pine Valley. When doing it, please don't do it from the east side. The shooting range is on this side. Here's how to do it: Drive east on I-8 to Pine Valley exit (1 mi west of the Sunrise Hwy). Exit and go south(right). Reset odometer to zero at the start of the dirt (Forest Service road 15S34). This road is for moderate clearance vehicles. At 1.0 mi the road gets rougher. At 1.6 mi the second saddle, shooting area stops, better road. At 1.8 road turns to left, cattle barrier. Park here. Plenty of room. Cross the ditch and fence to the south and pick up an old jeep trail. Continue past the gate a short distance ahead, then stay right at the fork in road (remember this turn for the way back). Continue on until you are south of the peak where the road intersects a large meadow. Turn right (north) along the eastern edge of the meadow and go behind it until you hit a fence. Look for signs of passage in this area. There are easy ways around and through the brush and a few ducks(trail markers).



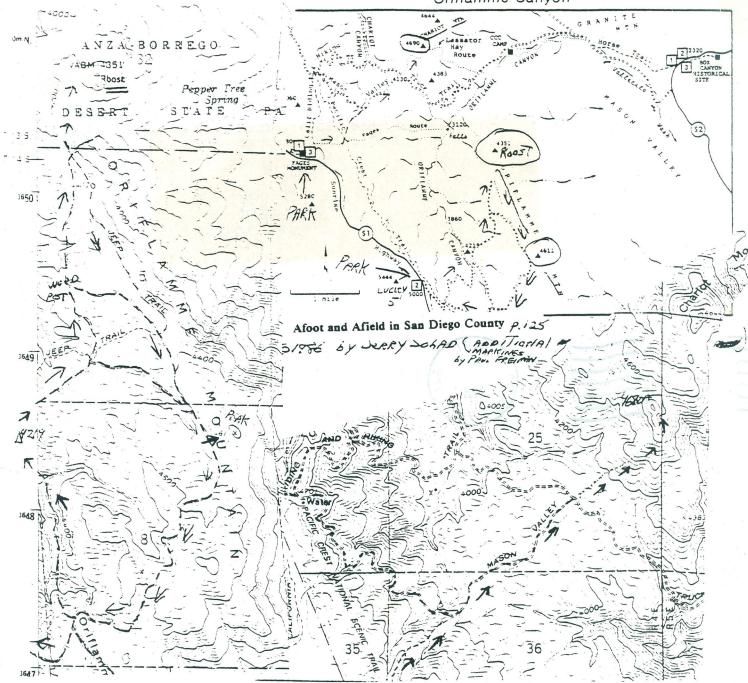
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Paul forgot his mantra.



"Think of a number and be seated."



By combining Jerry's book (pp.124-130) with USGS topos two nice trips can be taken. The first trip, up Chariot Mtn using the Lassator Hay Route, is brushy as you try to follow the overgrown hay route. I truly enjoy the second trip, to the Roost and Oriflamme Mtn. Follow Jerry's trip 2 description for the first 1.5 miles (to ele. 4219) and ther deviate according to the map. You will need moderate routefinding skills

for this trip, but only slight skills for Chariot Mtn. Please follow the standard warnings in 'Afoot and Afield' and be sure to have fun!