

SAN DIEGO PEAKS CLUB

An adventure hiking club for intermediate and advanced hikers

Issue No. 5

November-December 1991

As I start to write this newsletter the weather has finally started being autumnlike. TIME TO FROLIC, er, hike, IN THE DESERT! Desert hiking will involve a bit more fitness than the hikes we've been doing the past two months. This is because it involves crosscountry travel, over rough terrain. I have interviewed most of you in the club and I am satisfied that most everyone can do the rigors and have a great time. If you have any doubts or questions regarding a hike, please don't hesitate to call me. My morning phone is 692-1367 (please call after 10am). I work from 3-11:30pm. My work number is 543-5859. If you get a recording at work, leave a message and the system will page me. I will return your call when I have a free moment. Don't hesitate to call. The powers that be at work finally hired another tech last week. This means I only have to be on PM shift another 6-7 months (while my replacement is trained).

We have gained 20 new members since the last newsletter. Our total is now 54! We are steadily increasing membership by 10 per month. Here are the newest members: Linn Sarnecki, Peggy Crunican, Dave Hardy, Leslie Virgil, Jay Friedman, John Stauch, Mary McLain, Kelly Cummings, Judy Richardson, Cindy Outlaw, Robin Tucker, Ken Olson, Paul Salter, Jim Patterson, John and Cheryl (Edwards) Tannenber, Dale and Diana Newhouse, and Jim and Donna Hawkins.

Awards

John Strauch has earned the mini-macho award by hiking over 50 peaks on the list. Terri Astle completed (and celebrated with champagne) her 50th peak on Bell Bluff on Jim Sugg's hike Oct 23. She, of course, will be earning the mini-machette award!

Hiker of the Month

The hiker of the month of November is John Strauch. John has completed all 176 hikes in Jerry Schad's "Afoot and Afield in SD County". You have to have a lot of adventure in your soul to do that. What impresses the daylight out of me is the fact that John and his wife, Cathy, are two of the finest bridge players in the region. John's bridge partner, Evan Bailey, is 120th in the nation. Good to have you on board, John. Can you give some bridge tips to a novice? John also frequently wins Reader T-shirts by solving the puzzles.

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The hiker of the month of December is Terri Astle. Terri is well known throughout San Diego for her HPS activities and Sierra Club hike leads. She is an HPS list finisher. She also founded the La Jolla Swim Club in the early '70s. She guided the club through some lean years and now the club is flourishing. She has been very helpful to me and my new club. In coming months look for hikes lead by Terri.

Previous HOTM Awards

I would like to rerun the previous Hiker of the Month honorees for our new club members. June- Beth Davis, July & August- Jim Sugg, September- Carl Johnson, October- Al Holden, Sr.

I would again like to thank Carl Johnson for woodcarving a HOTM (pronounced ho-tem) pole, a continuing award for the 'hiker of the month' honoree to strap on her/his pack during the month of award.

Macho (Machette) Award

Hiking 50 peaks on the list earns the mini-macho award. Hiking 100 peaks earns the macho, and list finishing earns the mega-macho.

Earning the mini-macho(fem. machette) is Gordon MacLeod, Wes Shelberg, Amentia Allegro, Russ Webo(aka Russ Weber), Paul Freiman, Al Holden, Jim Sugg, John Strauch and Terri Astle. Earning the Macho is Paul Freiman(I had a head start). Nobody has list finished.

Gordon lives up in LA and did most of his hiking down here in 1978.

It was really great fun to wonder if Gordon had climbed the peak that I was about to get. More often than not, he had. Gordon and companion, Barbara Lilley (a legend in her own right!), have recently completed climbing all of the LEGAL mountain range high points in Arizona!! (There are 193 mountain ranges, but about 40 of the high points are off-limits. Arizona mountain climber and lawyer, Doug Kasian, has climbed all 193!!!!) **

Another name I would usually see in the registers as I was culling the list was Wes Shelberg. Wes is a desert rat who lives here in SD. For the past seven years I have enjoyed his friendship, hiking with him and using his vast knowledge to discuss routes. ***

Make No Mistake!

A prospective new member sent in his dues. I called him to discuss the SDPC in order to find out about him and to ascertain his needs and wants. I told him what I was doing was to group together all intermediate activities, then add my hikes to fill out the schedule. He replied, "Well, it seems to me that what you're doing is stealing hikes from other organizations and calling them your own. Send me back my check". I chuckled in bewilderment and agreed to send his money back. In the current schedule I have listed one Baja trip, two orienteers, three French hens, four Sierra Club trips(whose leaders are also SDPC charter members), five gold rings....(Yes, Christmas is coming and I'm in the mood!). To this schedule I have added six of my own hikes, spaced so as not to conflict with other activities. I am not out to compete with fine organizations like SDO and SC. I am trying to support these clubs! (The more hikes the Sierra Club lead, the less I'll have to lead.) ***

Why did I start the SDPC?

Because I was tired of hearing many, many other people say, "I looked at the Hi-Sierran, spent two minutes seeing if they had any decent hikes, then threw it away in disgust". Why do I call the SC a fine organization, then "bad-mouth" them? Because I'm sick of them losing good leaders through their restrictive policies. I talk to a lot of leaders and a lot of them say they will only lead one hike per year (to keep their rating). The SD Sierra Club is over 17,000 members strong, has over 300 leaders and they can only put out 4 intermediate hikes in a two month period! The SDPC is over 50 members strong and we will add 6 hikes to the two month schedule. Oh, my! Something is wrong! I want to help the SC, so I encourage their leaders to lead hikes. This is starting to work! By working together to help hiking in SD grow we will both benefit. This, I find, works better than praying (ref. Hi-Sierran, Jan 1991, p.2, From the Chair column).

WEEKEND CALENDAR

- Nov 2 Agua Dulce orienteer, Mt Laguna. MacInnis 453-9174 This orienteer is on SDOs best course. Enjoy the Lagunas. Great fun!
 - Nov 2-3 Baja. Rancho San Luis. Carl Johnson is organizing an easy car camp in the Laguna Hansen area. This area has a beautiful pine forest plateau. Day hikes of Pico Rasco or Pantalones possible. Call Carl for more info. 448-8542. Trip is popular, may be full.
 - Nov 9 Square Top (see Schad p.173).. Paul 692-1367. This is a strenuous sunrise to sunset trip in the Sheep Canyon area. Join Paul as he finishes the SDPC list of 105 peaks. We will be driving out Saturday morning in the very early hours. Lots of bouldering. Paul will lead, but desert rat, Wes Shelberg, will guide us.
 - Nov 10 Paul will lead another hike in the same area as Nov 9.
 - Nov 16 Hauser Cyn. Dennis Richards 462-3643. (see Schad p.165) Schad sez this is a 13.5 mi rt, 6½ hr rt. The water is usually flowing so be prepared to take a nice dip in the cool water. A lot of the route is tree lined and shady.
 - Nov 16 Cowles Mtn. Carl Johnson 448-8542. Carl is shunning the usual southern trail, instead he will go on little traveled trails on the north side of the mountain. Visit "North" and "Middle" Peaks in addition to Cowles. Seek adventure with only a very short drive.
 - Nov 17 Granite Mountain. Paul 692-1367. (see Schad p.233). Wes will again guide us up a spectacular way. It is a bit longer than the way Jerry goes, so expect a sunrise to sunset trip. We will again get up very, very early for the 2 hr drive to the trailhead. This is the best route up the mountain! No question about it!
 - Nov 23 Ken Peak. Terri Astle/Terri Sutor 571-0471. This peak is out on the Desert Divide (by Idyllwild area), about 2 hr drive to trailhead. This peak is being considered for list addition by the HPS. It was first hiked by Sutor. It is an LA/SD Sierra Club hike in addition to being an SDPC activity.
 - Nov 28 Happy Thanksgiving. I'll be playing in Death Valley.
 - Dec 7 Motrero Palms to Goat Canyon. Paul 692-1367. This trip will fairly closely follow Schad (p.271). You will get a view of the tressle that matches the photo on page 270.
 - Dec 8 Indian Hill. Paul 692-1367. Campout Dec 7 and enjoy the Indian petroglyphs on this hike. From here it is different from Schad, as we boulder up to Moan and over to Windy before looping back to the cars.
 - Dec 14 Indianhead. Dennis Richards 462-3643. (see Schad p.181). The trip will go as Schad describes. Bring your cameras because there is a very high probability of seeing bighorn sheep. I have gone up here three times and came within 15 feet of a Bighorn twice! A strenuous hike.
- ***Extra-Extra ***
- Through the SDPCs Beth and Ralph Davis, we have the opportunity to use their jacuzzi and BBQ at Ram's Hill. When I heard that I agreed to put on a hike on Sunday.
- Dec 15 Grapevine Mtn. Paul 692-1367. (see Schad p.219) We will take the PCT most of the way, then branch off up a wash to the highpoint. An emblem hike. If you couldn't get out to Indianhead you can still come out for this one!
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- Dec 21 SDO Christmas Lights Nite-O. Bill Gookin 578-9456. Oh, come all ye faithful and combine Christmas light viewing with an orienteer-
 - Dec 22 SDO International Orienteering event. Bill Gookin 578-9456
 - Dec 26-31 AYH 35th Annual Christmas trip bike ride. 239-2644. Enjoy a Christmas tradition with the American Youth Hostels as you bicycle through the counties around San Diego. Ride over mountains and deserts, about 60 miles per day, with one 100 mile day. All luggage is sagged. \$150 includes Van support, accommodations (ie. a place to sleep), all breakfasts and dinners, leadership. If you ride a bike and have the time off you must go on this trip! I enjoyed it 10 times back in my cycling days.

Death Valley Nov 9-11 Sandy & Sue Chance, Richard Carey 224-9300

WEDNESDAY WALKABOUT

Jim Sugg 224-7895 leads a different adventure hike every week of the year. No repeat hikes! He designs his hikes to be about 11 miles in 5 hours. Almost all of the hikes are within an hour's drive. Starts are usually 7:45 meet, leave trailhead 9-9:30, finish hike 3-4pm.

Nov 6 Palomar Mtn loop, Al Holden guides

Nov 13 Corte Madera loop, Jim's favorite hike

Nov 20 6K Ridge-Mt Laguna- Al designed a real beauty. This is a fantastic adventure hike!!!!(even though a few of us did it in a thunderstorm).

Nov 27 PCT-Boulder Oaks-Morena Lk

Dec 4 Sheephead Mtn, Mt Laguna, Al guides

Dec 11 Guatay Mtn loop, Jim leads an excellent loop trip

Dec 18 South Laguna slopes, Al guides

Dec 25 Mt Woodson loop, stretch your legs on Christmas day

Bits and Pieces

I am happy to report that I was very wrong when I thought, in this column, that I was older than Russell Glavis.

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Interested in kayaking? Southwest Sea Kayaks will rent you one. They also have a full calendar of activities going, including fun Baja trips for low cost. 222-3616 for more info and a free newsletter.

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I would like to thank REI for the support they have given the club.

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Ca Mountaineering Club (CMC) is a members only club out of LA that started when the SC gave up on part of their members. The club does the trips that SC doesn't do (rock climbing, ice axe and crampon activities). The club has over 200 members, 12 from San Diego (Fred Bright, Richard Carey, Thomas Eng, Terry Flood, Paul Freiman, Cathy Hanchett, Gail Hanna, Rob Langsdorf, Ken Olson and Bill Stevens. Beth Davis and Rheta Schoeneman are provisional members. Contact one of these people if you are interested in this club.

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In the third issue I told about a paragliding lesson I took. Marcus Salvemini 454-0598 (Airtec Paragliding School) will drop \$25 off the introductory course fee (You pay only \$50). You spend all day at the Poway jump site and get off several jumps. My friend, Sue, tried it and was absolutely giddy over it. Last time I talked to her, she was going to buy a glider.

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Mountain Biking fanatic alert! Coming the last weekend in January is the Coyote Clunker Classic! I have always been under the opinion that this ride is the most fun you can have on a mountain bike. Over 250 cyclists rode last year. Ralph Elliot, the event promoter, picks you up in Borrego, shuttles you and bike to Terwilliger (Anza), and you ride the thirty miles back to Borrego by descending Coyote Canyon in the Anza-Borrego-Desert on desert trails. Upon returning you will be fed as much food and drink as you can stand. The T-shirts are classics! More on this (entry form, etc) next issue.

MEMBERSHIP

Memberships to SDPC are \$9 and run from June to June. Family membership is the same price. ("Family" is anyone so long as the address is the same. Send name, address and phone # to Paul Freiman, 4421 Maryland St, San Diego, CA 92116-3902, 692-1367. Make checks payable to Paul.

Letter to the Editor,
HPS Lookout

The letter to the right of the page was written about March, 1991. My fellow editor (of the HPS Lookout) has been refusing to print it. That doesn't bother me. What bothers me is that in his year of editorship not a single "letter to the editor" has been printed in the Lookout. The "letter" is considered by most editors (and I have talked to most past and present HPS, DPS, SPS, CMC newsletter editors) to be a very high priority. Why? Because not all the members can get to the monthly meetings and to disenfranchise them by not printing letters is to take away their vote. It's as if he is saying, "I know what's important, you don't". I consider it a sorry day when the only thing that gets printed is what the editor agrees with. I don't think "editor" is the right word in this case, it's "censorer". Come on, HPS, print some letters, not necessarily mine, but print some!

I would like to suggest a name change to our section to reflect our current emphasis. I think we should change our name from the "Hundred Peak Section" to the "Hundred Awards Section". With the addition of the Leadership and Conservation awards that were recently voted in by the membership, well... I'm finally coming over to the view of the Section that awards for 100 peaks, 200 peaks and list finish are not enough. I now agree. I would now like to jump on the current bandwagon with these suggestions for "list" additions:

1. Designer award- this award is for people who design 3 or more patches. They, of course, would have their own patch.
2. Macho (Machete) award- for everyone who "bags" all the awards (ie. a list finish).
3. Mini-macho award- for bagging 1/2 the outstanding awards.
4. Lew Amack award- for finishing the hiking list in less than one year.
5. Lewis Amack award- for bivouacking 6 or more times during list completion.
6. Tina Stough award- for solo hiking the list.
7. Bobcat award- for anyone who pushes for an award, then sends in a "competition" date that is more than 3 months prior to the awards approval.
8. Let's have an annual award of a mountain! If we can name Mt Akawie without official approval, then why wait for Mt Backus or Mt Fink or (my personal favorite) Mt Freiman!
9. Let's have an award for every member of this year's board. They have a hell of a lot of work after last year's 'year of stagnation', when meetings were held and nothing was done.

The current shift away from hiking is a good one. Hiking was getting boring anyway. Yuppies need awards.

Paul Freiman

New club motto: "A bad day hiking is better than a good day fishing!"

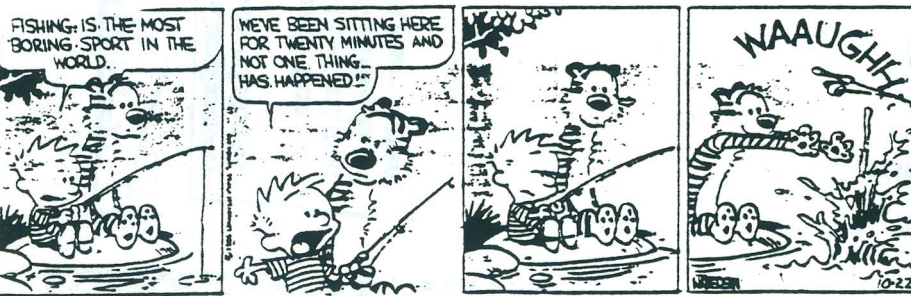
Reflections of a DPSer *

WES SHELBERG
SAN DIEGO

Don't waste the present moment,
Don't let it pass you by,
Hike while the sun is shining,
Climb ere the night draws nigh.
We cannot bid the sunbeams to lengthen out their stay,
We cannot ask the shadow to ever stay away.

As winter storms will follow,
Our pleasant desert days,
So all our joys may vanish,
And hard may be our days.
And if we are not mindful the chance may fade away,
For life is quick in passing and lost in a single day.

* Apology to R. B. Baird, "Improve the Shining Moment"



ADVANCE NOTICE: SCHEDULE #258 19

Compiled by Patty Kline & David Eisenberg

11/29/91-11/29/91	Kiching, Snow	Pat Kline, Frank Goodykoontz
11/29/91-11/29/91	San Rafael Pt, Lookwood, Thom Pt, San Guillermo	David Eisenberg, Barbara Reber
11/29/91	Bighorn Pt, Ontario Pt, Sugarloaf Pt	George Schroeder, Frank Dobos
11/29/91	Copier Ridge	Bill T Russell, Pat Russell
11/29/91	Hewins, Middle Hewins, South Hewins	Don Gunn, Sue Gunn
11/29/91	Mt. Westman	Sid Davis, Andy Smago
11/29/91	Mt. Wilson	Brent Washburne, Southern Courtney
11/9/91-11/10/91	Middle, Cuyamaca, Stonewall, Calizanita, Garnet Mtn, Garnet Pt, Monument, Cuyacosos, Sheehans	David Eisenberg, Charle Knoske
11/9/91-11/10/91	Thom Pt, San Rafael, Lookwood, San Guillermo	Alan Cole, Frank Goodykoontz
11/9/91	Pacific, Round Top, Granite #1, Rabbit #1	Luisa Fiete, Gordon Lindberg
11/9/91	Rosa, Baden-Powell	Bobcat Thomson, Julie Rush
11/10/91	Kraska Ridge, Westman	Ruth Lee Dobos, Frank Dobos
11/10/91	Smith Mtn	Yvonne Westcott, Sherry Marsh
11/13/91	Luxens	George Schroeder, Peal Westall
11/16/91-11/17/91	Granite, Whase, San Ysidro, Hot Spring	Charle Knoske, Frank Goodykoontz
11/16/91-11/17/91	Onyx, Skinner, Mayan, Buttercrest	David Jensen, David Eisenberg
11/16/91	Bare	Brent Washburne, Southern Courtney
11/16/91	Chief, Hines, Toasopa Bluff	Frank Dobos, Ruth Lee Dobos
11/16/91	Isip	Gordon Lindberg, Darlene Kurtzweil
11/16/91	San Guillermo, Lookwood	Charlene Franzens, Roger Maxwell, Doty Sandford, Mike Sandford
11/16/91	Westman	Bob Sumner, Bob Wyke
11/17/91	Josephine	Evor Hilsort, Pat Juno
11/23/91-11/24/91	Caliente, Lizard Head, Cuyama	Pat Kline, Frank Goodykoontz
11/23/91-11/24/91	Lion, Pyramid, Pine, Palm View, Black #1, Castle Rock	Doug Manis, Bob Hicks, Duane McRuer
11/23/91	Hidreim	Frank Dobos, Ruth Lee Dobos
11/23/91	Iron #1	David Eisenberg, Charle Knoske
11/24/91	Rattlesnake Pt	Frank Allen, David Eisenberg
11/30/91-12/1/91	Martinez, Shaso	Ruth Lee Dobos, David Eisenberg
12/7/91-12/8/91	Middle, Cuyamaca, Stonewall, Monument #1, Garnet Pt, Garnet Mtn	Ruth Lee Dobos, Doty Sandford
12/7/91-12/8/91	Rosa Pt, Village	David Eisenberg, Patty Kline
12/7/91	Quail, Ryan	Luisa Fiete, Gordon Lindberg
12/7/91	Smith	Don Gunn, Sue Gunn
12/8/91	Pinnacles, Marie Louise	Julie Rush, Joe Young
12/11/91	Hewins, Middle Hewins, South Hewins	George Schroeder, Peal Westall
12/14/91	Iron #2, Fox #2, Concor	Frank Goodykoontz, Frank Long
12/14/91-12/15/91	Eagle Crag, Cahuita, Little Cahuita	Charle Knoske, David Eisenberg
12/14/91	Clagnon, Caon, Sugarcone, Monument	Frank Dobos, Ruth Lee Dobos
12/14/91	Santaopa, Modesta	Joe Young, Wynne Bens
12/21/91-12/22/91	Hines, Chief, Ortega Pt, Ortega Hill	David Eisenberg, Barbara Reber
12/21/91	LA Xmas at Nite	Stag Brown, Hans Brown, Bobcat Thomson
12/25/91	Josephine	Asher Weisman, Minor White
12/28/91-12/29/91	Beauty, Iron Springs, Comos	David Eisenberg, Minor White
1/1/92	Luxens	Don Austin, Doug Demers
1/4/92-1/5/92	Granite #2, Whase-	Joe Young, Wynne Bens
1/4/92	Emma, Old Emma, Cole Pt	Charle Knoske, Frank Goodykoontz
1/4/92	Sally, Vetter, Mooney	Ruth Lee Dobos, Frank Dobos
1/4/92	Shase Mtn	Luisa Fiete, David Eisenberg
1/5/92	Josephine, Scarf, Pate	Frank Goodykoontz, Peal Westall
1/5/92	Kiching	David Eisenberg, Barbara Reber
1/11/92	Iron #2, Concor, Fox #2	David Eisenberg, Jennifer Lambert
1/11/92	Luxens	Bobcat Thomson, Stag Brown
1/11/92	Modesta Pt	Gabriele Riss, Gordon Lindberg
1/12/92	Buck Pt, San Severino	David Eisenberg, Frank Goodykoontz
1/12/92	Luxens	Ruth Lee Dobos, Frank Dobos
1/15/92	Buck Pt, San Severino	George Schroeder, Peal Westall
1/18/92	Berley Pass, Luvior, Strawberry, Josephine	Charle Knoske, David Eisenberg
1/18/92	Smith Mtn	Frank Goodykoontz, Frank Long
1/18/92	HPS Banquet	

MARK - NOV 9-10
 NOV 16-17
 NOV 23-24
 NOV 2-3
 NOV 2-3
 NOV 6
 NOV 9-10
 NOV 9-10

DPS CALENDAR

Morton Explo-Virgin
 Waucoba-Nelson
 MONTHLY MEETING
 Needle-Manly
 Patterson-Stanislaus
 50th Anniversary NY Butte
 Double List Finisher

Smith-Campbousen
 Jamison-Tidball
 Bioland-Lubin
 Tidball-Jamison
 Jones-Mamedalin
 Vandalsen-Jones

Nov 2, Sat AGUA DULCE, Mount Laguna Mac Innis 453-9174
 Dec 21 Sat CHRISTMAS LITE NITE-O tba
 Dec 22 Sun INTERNATIONAL ORIENTEERING EVENT tba
 For up-to-date information about these meets, call 578-9456.

SAN DIEGO ORIENTEERING meets start at 10:00 a.m. unless otherwise noted. Registration and instruction for beginners and to help orienteers move up to a more difficult course begin an hour before first starts and continue during the meet ... usually until noon. Most meets are followed at noon by a pot-luck picnic and discussions of the courses for the day. Registration fees for most meets are \$4.00 and include the map. Compasses may be rented for \$1.00 and whistles purchased for \$1.25 each.

SDO MEETINGS are held on the third Thursday of each month at the Standley park Recreation Center, 3585 Governor Drive, between Regents Way and Genesee Ave., in University City. Each meeting begins with a pot-luck supper and social at 6:30 p.m. followed by the program at 7:30; come early and get to know some of the members!

