

SAN DIEGO PEAKS CLUB

An adventure hiking club for intermediate and advanced hikers

Issue No. 4

September-October 1991

Time to put your hiking shoes on and let's go hiking! We have something going most every weekend for the next two months. The hikes are close to home, about $\frac{1}{2}$ -1 hour drive to the trailhead. In the next issue (Nov-Dec) we will go out to the desert for dayhikes with a carcamp (or you can just go out for the day).

There are 12 SDPC peaks being lead in this schedule.

Let's welcome new members: Betty Sterrett Fred Bright Donna and Edwin Gookin Dennis Richards Phil Rogul Paul Stuverud Paul Kahn. Membership is now at 34.

Hiker of the Month

We have a new continuing award--as soon as someone makes it! Kudos goes to Terri Astle for the idea of a HOTM (pronounced ho-tem) pole. This will be a 4 inch plug with the letters HOTM (Hiker Of The Month) emblazened. Carl Johnson will make it. Thank you, Carl. It will have a ring in it so you can attach it to a daypack.

The hiker of the month of September is Carl Johnson. Carl receives this illustrious award for doing Picacho del Diablo (aka Big Picacho) twice in a year! Most people will only do peak once every few years, if that. It is tough to hike to the base at Campo Noche in one day, do the 5000 foot gain to the peak the next, and struggle out the third or fourth day (this is a strenuous schedule, most people take 4-5 days). Carl, Dennis Richards and Ken Sauder hiked up to the peak in a single day! They spent the night on the peak and watched the eclipse the next day, then viewed a herd of bighorn sheep on the descent. Carl does a great deal of hiking in Baja and leads an array of incredible trips. Well done, Carl.

The hiker of the month of October is Al Holden. Al espouses the term "adventure hiking". Al loves to investigate new routes. This month alone he has told me about three new 12 mile hikes he has designed. Al leads the first hike of the month for Jim Sugg's group. This man loves to adventure hike!

Membership

Dues are going up soon!

I have found that the costs of initiating a new club are more than I originally thought. Dues are increasing from \$6 to \$9 effective September 15. Hurry hurry! Checks should be made out to Paul Freiman, 4421 Maryland St, San Diego, CA 92116-3902. Family membership same as single. Any questions? Call 692-1367.

Bits and Pieces

Russell Glavis finished the HPS list on July 26 on Old Man Mtn (He thought it was an appropriate place to finish. I wish he didn't think that because I think I'm older than him.) Suzanne Booker competed the emblem (100 peaks) at the same time.

WEEKEND CALENDAR

- Aug 31, Sept 1, 2 DPS DuBois, Montgomery, Boundary, Fred Bright 278-8408
A strenuous hike in the White Mtns (10 hr drive)
- Sept 7 El Cajon Mtn, Carl Johnson will lead you on his yearly trek.
448-8542
- Sept 8 Laguna hike, Paul Freiman will take you on one of the hikes that
Al Holden mapped. 692-1367
- Sept 14 Viejas Mtn, a short hike (Schad has it listed for 2½ hrs RT).
Dennis Richards leading 462-3643
- Sept 14-15 Palomar San Diego Orienteering is hosting a two day meet for
the State Championships. It will start at the Doane Pond area.
Courses for beginners on up. Bill Gookin 578-9456
- Sept 21-22 Borrego Springs Moonlight madness bike ride and hike. Terry
Flood is once again leading this moonlight 20 mile bike ride,
hike, and fun until the cows come home (about 2 am). 729-8221
- Sept 28 Cowles Mtn No, Carl Johnson doesn't lead it by the standard trail,
he wants some adventure hiking! North face loop. 448-8542
- September 29 Morena Butte. The one everyone has been waiting for. The moment
I discovered this climb I fell in love with it. Most people
agree that it is their favorite (except for Jim Sugg, who
still prefers nearby Corte Madera. He is entitled to his own
incorrect opinion. All I know is that he seems to lead this
one more than Corte Madera). Paul 692-1367
- October 4-6 DPS Porter and Panamint Butte, Rheta Schoneman/Richard Carey
are leading these Death Valley high peaks. 222-9615
- October 5-6 HPS Oktoberfest. This feast, dance, social and hike takes place
at the LA Sierra Club lodge by Baldy Village (Mt Baldy). It's
only a two hour drive. Terri Astle will assist on a lead
up Sunset Mtn. There will also be other hikes. (Beware of
the raccoons if you chose to sleep outdoors and not in the
lodge.) Call early on this one. 571-0471 Terri
- Oct 26 Corte Madera. Paul 692-1367 You can decide which one you
like best this or Morena Butte! (see Schad, p156)
- Oct 27 Lawson and Gaskill. Two more fun peaks to complete a great
weekend of adventure hiking. Paul 692-1367
- Oct 13 Orienteer, Laguna Meadows, Mt Laguna, w. end of Los Huecos
Rd. Another excellent 'o' site. All levels. Eric 284-4435
or Bill Gookin 578-9456
- Oct 19-20 Sheep and Martinez (about two hrs drive) BACKPACK. Dennis
Richards/Carl Johnson are leading this popular backpack.
Maniacs can do this as a sunrise to sunset dayhike, but it
more pleasant doing it this way. Saw a doe the last time I
was on Sheep. 462-3643
- Oct 26-27 Kitchen Pk. Gail Hanna/Richard Carey are doing an easy BACKPACK
to this peak by Palm Springs (Banning). Limited group size.
See Oct Hi-Sierran for more info or call Gail 272-5141.
- Nov 2-3 Baja. Rancho San Luis. Carl is doing "an old man's hike" and
car camp. He hasn't decided if he is going to do Pico Risco
(or Rasco, if you prefer) or do Pantelones. 448-8542
He is going down to give a 'thank you' to the people who helped
with the rescue last year.
- Nov 2 Agua Dulce orienteer, Mt Laguna. Mac Innis 453-9174

Dennis Richards will lead a hike in November to Hauser Canyon and another in December up Indianhead. I'm looking forward to that. Thank you, Dennis for leading a very fine selection of adventure hikes.

WEDNESDAY WILDERNESS CALENDAR

Jim Sugg's Walkabout hikes 224-7895

- Sept 4 Middle Peak loop- Al Holden special
11 Stonewall Pk loop using rear approach-Evan Bacas
18 Monument trail and Arroyo Seco (Cuyamaca)
25 North Peak loop
Oct 2 Sheephead Mtn -Al
9 Soapstone grade-Sunrise hwy-Cuyamaca Lake loop
16 PCT-Noble Cyn-Garnet Peak loop
23 Semi loop to Bell Bluff
30 Lawson and Gaskill Peaks

Jim's group does about 12 miles in 6 hours on Wednesdays.

Bits and Pieces continued

I saw an ad in the paper for Enterprise Rent-A-Car at \$9.99/day. Mark Adria is doing the DPS which involves a lot of driving. I suggested he rent a car on some weekends and save his car. He made a reservation and called the day before to re-confirm that they would have a car waiting. They said, "No problem", but when Mark got down there to pick up his car they didn't have one. He ended up waiting $\frac{1}{2}$ hour for another, more expensive, vehicle that was suppose to come in. The clerk's attitude didn't soothe any feathers. I guess I'll stick with Alamo. Alamo, I feel, is the best. I used Alamo when I went to Mt Shasta. I got a very peppy Geo with 400 miles on the car, drove it with the air conditioning on, going 70mph, and got 40 miles per gallon!

Beth Davis reports, "Just to clarify your records, I will NOT (ed. her emphasis) be leading the 'Hike from Hell' in November (or ever again). I'm sure that whatever Terry told you was in jest". I asked Terry Flood about this and he replied, "I know she's adamant, but I think she's wavering". Anyway, Beth and Ralph are very busy, but I hope to get them out for Morena Butte.

My LA buddy, Dave Jurasevich, has been working for over a year on the new edition of the DPS Peak Guide. He will have it done by the end of August (Labor Day). This new guide will be 'the mother of all guides'! Everyone who knows Dave is sure of that.

Dave has formed a gang of seven to climb the Mexican Volcanoes. En Lee (his wife), Richard Carey, Bill Stevens, Fred Bright, Gail Hanna and Mark Adrian will join him. The jaunt will be between Christmas and New Years.

Paul is dying to do some non-listed peaks in Death Valley in November. Let him know if you have the same dying interest.

Hikes that Jerry Schad is glad that he knows about

I called up Jerry recently and asked him to name five favorite long hikes. Here is what he came up with. I will be leading them when the weather is appropriate. The pages refer to his book.

- 1. Hot Springs Mtn p.87
- 2. San Diego River p.96
- 3. Mt Laguna to Agua Caliente p.147
- 4. Domelands p.264
- 5. Flat Cat Cyn p.185

Hikes that I am glad Jerry knows about

It is hard to name only five, but I'll name five now and others as time goes on. I am leading the first two currently and will lead the next three next issue, hopefully.

- 1. Corte Madera p.156
- 2. Lawson Peak p.157
- 3. Mortero Palms to Goat Cyn p.271
- 4. Myer Valley p.278
- 5. Pinyon Ridge p.223

Hikes that Jerry wishes he knew about

I am being facetious, but these incredible hikes are not in his book. The first one I lead June 8th. The second one I will currently lead. Carl Johnson is currently leading one approach to El Cajon Mtn. Jim Sugg lead Iron Mtn in June.

- 1. The Thimble
- 2. Morena Butte
- 3. Collins (by p.171 trip)
- 4. Iron Mtn (new trail, by Poway)
- 5. El Cajon Mtn

I've made a lot of promises the past couple of issues, promises to lead (or have someone else lead), and I look forward to the task. BUT let's get some more leaders. I can suggest some great hikes (Iron Mtn, Pinyon Ridge, Oak Grove to High Point, Harper Creek, Kelly Ditch, Pepperwood trail to Canebrake, Whale Peak, Blue Angels Peak).

APS
ADVANCE NOTICE: SCHEDULE
UNDERLINED TRIPS ARE MORE DYNAMIC

8/31	<u>Thunder, Telegraph, Timber, Bighorn, Ontario, Sugarloaf</u>	Charlie Knapke, David Eisenberg
8/31	Cleghorn, Cajon, Sugarpine, Monument Pk	Joe Young, Alice Spring
9/1	<u>Baden-Powell, Ross, Burnham, Throop</u>	Charlie Knapke, David Eisenberg
9/7	Snow Pk	Luella Ficke, Jack Trager
9/7	Sally, Vetter, Mooney	David Jensen, David Eisenberg
9/7	San Gorgonio	George Schroedter, Southern Courtney
9/7-9/8	Cannel Pt, Bald Eagle, Piute, Sorell	Frank Dobos, Ruth Dobos
9/11	Cleghorn, Sugarpine, Cajon	George Schroedter, Pepi Westhal
9/14	Waterman, Twin Pks	Nami Brown, Stag Brown
9/14	Harwood, San Antonio	Frank Dobos, Ruth Dobos
9/14	<u>Bighorn, Dragon's Head, Lake, Grinnel, 10K Ridge</u>	David Eisenberg, Frank Goodykoontz
9/14	Rabbit, Granite #1, Round Top	Ron Jones, Leora Jones
9/15	Islip	Don Gunn, Sue Gunn
9/21	<u>Eagle Rest, Antimony</u>	David Eisenberg, Carleton Shay
9/21	Smith	Charlotte Feitshans, Rodger Maxwell
9/21	Baden-Powell	Tal Kanigher, Pat Sullivan
9/22	<u>Galena, Little San Grogonio, Wilshire Mtn, Wilshire Pk, Cedar, Birch</u>	Bill Russell, Frank Goodykoontz
9/28	<u>Palette, Will Thrall, P V Ridge</u>	Terri Astle, Terri Suttor
9/28-9/29	<u>Red Taquitz, South, Antsell, Spitzer, Apache</u>	Alan Coles, Frank Goodykoontz
9/28-9/29	<u>Granite, Tip Top, Mineral, Silver, Gold, Bertha, Arctic, Delamar</u>	David Eisenberg, Charlie Knapke
9/28-9/29	<u>Alamo, McDonald, Sewart, Ortega Hill, Ortega Pk, Reyes</u>	Leora Jones, Ron Jones
10/5	Harwood	Wynne Benti, Joe Young
10/5	Lookout #2	Stag Brown, Bobcat Thompson
10/5	Sunset Pk	Bill Crane, George Schroedter
10/5	Buck Pt, San Sevaine	Leora Jones, Ron Jones
10/5	Mt San Antonio	Patty Kline, Frank Goodykoontz
10/5	Mt. Lowe	Eivor Nilsson, Edna Erspamer
10/5	Baden-Powell	Gabriele Rau, Bob Wheatley
10/6	Sunset Pk	Tom Ambruster, Terri Astle
10/6	Lookout #2	Frank Dobos, Ruth Dobos
10/6	Cucamonga, Etiwanda	David Eisenberg, Patty Kline
10/6	Bighorn	Bob Thompson, Julie Rush
10/12	<u>Pleasant View Ridge, Will Thrall, Palette</u>	Frank Dobos, Ruth Dobos
10/12	<u>Sally, Mooney, Vetter, Hillyer</u>	Gordon Lindberg, Darlene Kurtzwell

DPS CALENDAR

SEP 18-22

WED-SUN

DESERT PEAKS SECTION

I: Zion N.P. Exploratory & Virgin River Narrows: Spend several days exploring the little-seen canyons & natural arches of this park in beautiful fall colors. We'll spend 2 days in a wet cyn descent of the Virgin River Narrows. Send 2 large sase with canyon hiking experience to Leader: STEVE SMITH. Asst: RON JONES

- Sep 7-8 White Mtn & Waucoba Bill T Russell & F Goodykoontz *By Big Pine*
- Sep 14-15 White Mtn & Bristle Cones Geo Toby, MacMannes & Harsh
BEWARE OF RAIN ON THIS ONE. THIS IS THE LEADER'S 3RD TRY (SNOWED OUT)
- Sep 18-22 Wed - Sun Zion N.P. Virgin Narrows Steve Smith, R Jones
- M* Sep 21-22 Patterson & Glass Pathy Kline, Joe Young *By BRIDGEFORD*
- Sep 28-29 Dubois & Saline Hot Springs Bob Hartunian & Pat Kline
- M* Oct 5-6 Mopah & Turtle Maris Valkass & Jim Farkass *PAST Joshua Tree*
- Oct 12-13 *w/ Desert Comm.* Eureka Dunes/Saline Valley study Trip
Igor & Suzanne Mamedalin
- M* Oct 12-13 Hayford & Stirling Larry Tidball & Scott Jamison *LAS VEGAS AREA*
- Oct 19-20 Charleston & Mummy Suzanne & Igor Mamedalin *LAS VEGAS AREA*
- Oct 19-20 *w/ Desert Comm.* Yuha Desert & Color River wetlands study *EASY BARRON*
Ron & Leora Jones *EDUCATIONAL TRIP*
- Oct 19-20 BLM Workparty in El Paso Mtns Ldr Maris Valkass *7*

THE NEW WINTER SCHEDULE 1991-1992

M^o The TRIPS WITH "M" by The MARSIN ARE TRIPS THAT MARIC ADRIAN SAYS he is GOING ON (272-1265).

**: TRIPS PAUL WILL PROBABLY DO. (692-1367).*

PLEASE CONTACT these people IF YOU WANT A RIDE.

DATE	PLACE	LEADERS
Nov 2-3	Mormon Explo., Virgin	Smith, Camphausen
Nov 2-3	Waucoba and Nelson	Jamison, Tidball
Nov 9-10	Needle, Manly	Bloland, Lubin
Nov 9-10	Stanislaus (SPS) Mt. Patterson	Tidball, Jamison
<i>M</i> Nov 16-17	50th Aniv. NY Butte	Jones, Mamedalin
Nov 23-24	Double List Finish, Nelson	Jones, VanDalsem
Nov 23-24	Sentinel backpack Panamint City	Tidball, Jamison
Nov 23-24	Panamint Butte, Lemoigne Cy	Reber, Camphausen
Nov 29-30	Kino, Ajo	Russell, Russell
Nov 30-1	Martinez, Sheep (HPS)	R. Dobos, Eisenberg
Dec 7-8	Old Dad, Granite	Mantle, Hicks, McRuer
Dec 7-8	New York, McCullough	Jamison, Tidball
Dec 7-8	Nelson, Pleasant	Ralford, Cohen
Dec 14-15	High Desert Historical Study *	Jones, Jones
*Jan 11-12	Mitchell, Edgar, Providence Pt. Camphausen	V a n D a l s e m ,
Jan 11-12	Chemehuevi, Stepladder	Russell, McRuer
Jan 11-12	Eagle, Pinto (Joshua Tree)	Knapke, Cohen
Jan 18-19	Mitchell, Edgar (Providence)	Tidball, Oliver
Jan 18-20	Signal (Kofa), Castle Dome Camphausen	Reber,
Jan 25-26	Mitchell, Exploratory, area	Mamedalin, Thomas-M
Jan 25-26	Palen, Big Maria	Toby, Young
Jan 25-26	Scodie, El Paso Mts. Study Trip *	Wheelock, Valkass
Feb 1-2	Nopah, Eagle #2	Tidball, Jamison
Feb 8-9	Clark, New York	Mamedalin, Thomas-M
Feb 8-9	Black Butte, Chuckwalla	Tidball, Oliver
*Feb 15-16	Silver Mt. Exploratory (Coso Area)	Valkass, Camphausen
Feb 22-23	Spectre, Chili Cookoff	Jones's, Thomas-M
Feb 22-23	Chuckwalla, Orocopia	Hartunian, Kline
Feb 22-23	Signal (Kofa), Castle Dome	Tidball, Jamison
Feb 29	Panamint Butte	Sumner, Cohen
Feb 29-1	Big Maria, Granite #2 Camphausen	V a n D a l s e m ,

**CALIFORNIA ORIENTEERING CHAMPIONSHIPS
AT PALOMAR MOUNTAIN SEPTEMBER 14-15**

The two-day 1991 California Championships Class "B" meet will start and finish in the Doane Pond area of Palomar Mountain State Park and will feature courses ranging from beginners' "trail hikes" to forays into the farthest reaches of the Park on the advanced courses. We have reserved six campsites in the Doane Valley Campground for Friday and Saturday nights, September 13 and 14 at \$16.00 per site per night, including Mistix charges. The campground has hot showers and we will have a campfire activity Saturday night. The sites will accomodate up to eight people and includes admission for one car each; you can reserve your space at \$2.00 per person per night by calling Bill Gookin at 578-9456. Additional cars are \$5.00 each so be the first to apply for a site ... or try to reserve an additional site for your group by calling Mistix at 1 (800) 444-7275. For non-campers, there is a daily Park use fee of \$5 per car so car-pool if you can.

You may compete either or both days and awards will be presented based on total times for the two days. Because of the Park fees, entry fees for the meet will be the usual \$4 per day or \$7 for both days with SDO members getting a \$1-per-day discount. Groups may go out on the White or Yellow Courses only at \$7 per group plus \$1 for each additional map. The family fee for individual events is \$8 per day or \$15 for both days (-\$1 per day discount for SDO memebrs!). Entries may be made at the registration area on Friday, Saturday or Sunday ... see the directions at the State Park entrance.

SAN DIEGO ORIENTEERING meets start at 10:00 a.m. unless otherwise noted. Registration and instruction for beginners and to help orienteers move up to a more difficult course begin an hour before first starts and continue during the meet ... usually until noon. Most meets are followed at noon by a pot-luck picnic and discussions of the courses for the day. Registration fees for most meets are \$4.00 and include the map. Compasses may be rented for \$1.00 and whistles purchased for \$1.25 each.

SDO MEETINGS are held on the third Thursday of each month at the Standley park Recreation Center, 3585 Governor Drive, between Regents Way and Genesse Ave., in University City. Each meeting begins with a pot-luck supper and social at 6:30 p.m. followed by the program at 7:30; come early and get to know some of the members!

FORESTVILLE

**A Tough Guy's
Summer Vacation**

This is the season for tall tales around the water cooler about summer vacations. Not many people had a vacation like Richard Benyo, a 45-year-old writer who lives in Forestville, near the Russian River.

Benyo, a man who believes in running until he drops, spent the last week in July running from Badwater, in Death Valley, to the top of Mount Whitney and back again, a mere 300 miles.

Badwater, as most trivia experts know, is 280 feet below sea level; Whitney is 14,494 feet above.

At least two dozen hardy runners have made it one way but Benyo and a gent named Tom Crawford are the only two humans known to have made the round trip. They did it two Julys ago and tried again this year. Crawford made it to the 10,000-foot level of Whitney but dropped out when his heart began to go pitty-pat. Benyo went from Death Valley to Whitney and nearly back — 274 miles — when his left leg conked out, 26 miles short of Badwater.

"Will I do it again?" said Benyo, who is back in Forestville, recuperating. "Hope not. It was a vacation in hell."

*INTERESTED, BETH?
SOUNDS LIKE FUN, HUH! (?)*

CATHY By Cathy Guisewite



CROCK



