Issue 1 Volume 2

I'm very happy! The response to the SDPC has been great. The club is less than one month old and we have gotten off to a solid start. Welcome new members: Al Holden Wes Shelberg Carl Johnson Ralph and Beth Davis Jerry Schad Mark Adrian Nancy Harris Richard Carey Terry Flood Laurie Jenkins Sue Lalicker Ann Heck. The club has 14 members and word has barely gotten out.

The SDPC is a club dedicated to the intermediate and advanced hikers of San Diego. You don't have to be a tiger to join. You do have to love to hike. Jim Sugg, Terri Astle and Terri Sutor are slow paced leaders, but they may hike 6 to 16 hours. There are specific times when a fast paced hike will be lead, but the leader will tell you beforehand. I have a hard time describing the difference between people who should join the club and those who shouldn't. I guess I should ask you what you think of when you think of a hike. If your answer is a 5 mile trail walk that lasts 2-3 hours, then the Sierra Club will suit you better. The reason I mention this is not because of a snobbishness, but because it is unsafe for this type of a hiker to join SDPC activities. It is both unsafe and unpleasant.

Awards

There are 105 peaks on the San Diego Peaks List (if you are a member and don't have a copy of the list, please give me a call). Hiking 100 peaks earns the Macho award (Fem.=Machete). Climbing 50 peaks earns the mini-macho and completing the list of 105 peaks earns the mega-macho It is strongly suggested that, as you arrive at a milestone, you carry champagne to the peak (caviar optional) and have a classy celebration. (Sparkling cider may be substituted for alcohol).

Earning mini-macho awards are: Gordon MacLeod (up in LA!), Wes Shelberg, Amentia Allegro, Rass Webo, Paul Freiman and Al Holden. Jim Sugg and Terri Astle are only a few away. Jerry, how many do you have? The only holder of the Macho award is Paul Freiman (which makes sense since I had to scout the list to formulate it).

Awards are being designed by the award-winning Betty Sterrett, and should soon be available.

Meet The Leaders

Jim Sugg: Jim recently completed the 200th Wednesday wilderness hike for Walkabout International(231-7463, hrs 9am-2pm). Jim has a loyal following of 15-30 people per hike. His hikes are about 11 miles and $5\frac{1}{2}$ hours. He leads a moderate pace with appropriate rest stops. Jim only leads the same area once per year, so he visits many scenic areas in a year's time. His hikes are usually less than one hour's drive to the trailhead. He is very safety conscience and is thoroughly knowledgable about the area he is hiking in.

Al Holden: In addition to occasionally leading a hike for Jim, Al frequently solo hikes cross-country. Al and Jim are similar in

leadership style. Both have a strong concern for safety, and prehike the trip to be aware of options. Al is a list finisher on the HPS.

Terri Astle and Terri Sutor: I put the twin Terri's together because they usually lead and assist on the same hikes. Sutor is a three time HPS list finisher and Astle has finished the list once. If you are interested in the HPS contact one of these two fine ladies. I personally have Sutor to thank for introducing me to the HPS about 8 years ago. Around November they will start leading PCT sections! They lead a slow-moderate hike. Terri Astle is usually going somewhere every weekend, so give her a call.

HPS,DPS and SPS: HPS stands for "Hundred Peak Section". DPS stands for "Desert Peak Section". SPS stands for "Sierra Peak Section". These are three hiking sections of the Angeles Chapter (LA) of the Sierra Club (the nation's largest Chapter).

The HPS has 271 peaks on their list. HPS has something for everyone. It has some peaks that are 400 feet of gain and $\frac{1}{2}$ mile, that takes 10 minutes to climb. It also has some peaks that are 6000 feet of gain and 17 miles, and 14 hours as a dayhike. HPS mountains range from San Diego to the lower Sierra. Usually 3-4 easy hikes are combined to make a moderate to strenuous day.

DPS has 97 peaks on it's list. While HPS has easy hikes, the DPS average hike takes 6-8 hours at a faster pace, with 3000-4000 feet of gain and mostly off trail hiking. DPS mountains are in Ca,Nv, Utah, Az and Mexico.

Call Terri Astle 571-0471 for HPS info. Call Paul Freiman 692-1367(days) for DPS or HPS info.

We know most of the people in S.D. who are doing the lists.

SPS has 247 Sierra peaks on the list. Most trips are backpacks (DPS and HPS are mostly dayhikes) and are, by necessity, fast paced.

Carl Johnson: I am a bit jealous of the hikes that Carl leads. I want to go on every hike, but work prevents me from doing so. I was introduced to Carl last year when a friend told me of his Baja hikes. Carl is a very strong hiker, but he can lead slower as well as fast hikes. I have not hiked with him when he was the leader, but all my friends speak very highly of him.

Terry Flood: Terry is a National Sierra Club and a Outward Bound leader . Nuff said.

Paul Freiman: The club founder has completed the HPS and DPS lists. I am a former bicycle racer and bike tourist. I have hiked with each of the leaders and am very proud to have the finest leaders in San Diego associated with the club. I expect to pick up a couple more leaders in the next few months.

What NOT to expect from your Leaders

I am very proud of the top quality of leadership available to SDPC. BUT, you know, the best of leaders can not make up for a foolish hiker

or unfortunate circumstances. Know your limits! If you are only fit for a 4 hour hike and you go on a 10 hour hike and don't have a good time, then IT IS YOUR FAULT! If you have trouble with your balance and frequently stumble when doing crosscountry, then don't do crosscountry! Stay on trails! BE RESPONSIBLE FOR YOURSELF! These are the days of teflon presidents and ridiculous lawsuits because people seem to believe that the 'other person' is responsible for bad outcomes. My leaders are all top quality (PDF Choice) and they provide great happiness to many hikers, but when one hikes in the wilderness unexpected things may happen and you may get injured even with the best leader. Who's fault? Unless you are willing to accept responsibility for your life please stick to trail hikes and stay in a neat line betwixt the leader and the 'sweep' on another organization's hikes.

Bits and Pieces

SD hiker of the month! Beth Davis, in three consecutive weekends did (1) a 16 hour trip from Clark Dry Lake to Rabbit; (2) a 32 mile Santa Rosa ridge traverse- look for Beth's write up in the 'Hi-Sierran'; (3) a self-described 'Hike from Hell' in Death Valley, a mere 15 hour day. I can't believe people think 'Wonderwoman' is fiction. I get exhausted just thinking about it! Kudos, Beth.

Terri Sutor's husband, hereafter known as 'Ed', recently completed Big Iron (2nd toughest on the HPS). Well done, Ed. Ed is closing in on 200 peaks.

Russell Glavis is closing in on list completion on the HPS and is beginning the DPS.

Terri Sutor is retiring after giving 35 years to teaching. More time for peakbagging, Terri!

Membership

Memberships are \$6.00 and run from June to June. Family membership is the same, since postage is the main cost. ('Family' is anyone, anyname as long as it is one address). Send your membership to Paul Freiman, 4421 Maryland St, San Diego, CA 92116-3902. (619)692-1367

Make Checks Fryarie To Paul Freiman.

Maps and Travel 942-9642

I recently visited a map shop in Encinitas called 'Maps and Travel'. The shop is very good and I encourage our North Coastal members to use it. This is not a paid announcement.

Acupuncture 295-3006

Sue Frosolone is a fantastic healer. Her husband, Chuck, is one of the city's finest trauma surgeons. Sue is also one of the finest healers and she doesn't have to slice you open. Three years ago I developed migraines when working at a new job at the hospital. Three trips to Sue and the migraines have not come back. I have had a sore foot for six months. Two trips to Sue cured it. While I was there I asked her to rid me of shoulder and neck pain that I got on Jerry Schad's Santa

Rosa ridge traverse. No more pain. I go to Sue for any muscle or nerve pain. Sue's office is in Old Town. This also is not a paid announcement.

Hikes

Jim Sugg hikes 224-7895 Wednesdays

- June 5 Fortuna Mtn on list
 - 12 Noble Cyn and Laguna area
 - 19 Morena Butte -GREAT- on list
 - 26 Penasquitos Cyn

Terri Astle 571-0471 and Terri Sutor

July 4-8 San Gorgonio Ridge -CANCELLED June 15-16 HPS-Monte Arido and Old Man Mtn, Chief and Hines July 15-22 For Women only-Sierras backpack-limited to 8

Carl Johnson 448-8542

July 9-13 Picacho del Diablo (aka Big Picacho)-EcliPSE

don't miss it!

Copper Cyn TRIP IS full (June 15-2)

Terry Flood 729-8221

June 8-9 Banner and Ritter backpack, in Sierras

DPS emblem holders in SD: Richard Carey, Ken Olson, Terry Flood, Rheta Schoenman, Bill Stevens
DPS list finishers in SD: Wes Shelberg, Gail Hanna, Paul Freiman
Actively pursuing DPS: Mark Adrian, Ken Olson
Semi-actively pursuing DPS: Russell Glavis, Richard Carey, Terry Flood,
Paul Freiman, Rheta Schoenman

HPS list finishers in SD: Wes Shelberg, Terri Sutor, Terri Astle, Gail Hanna, Barbara Raab, Carol Murdock, Paul Freiman, Al Holden Actively pursuing HPS: Al Holden, Terri Sutor, Terri Astle, Russell Glavis, Monica Durac(Parker), Bob Pinsker, Paul Freiman.

San Diego Orienteering

Have you ever heard of orienteering? You use a map and compass to find 'controls'-specific spots in the woods. Each meet has 4 or 5 different skill, from beginning to advanced. It is a fun way to learn to read a map. The local meets don't take long to drive to and they start at 10am! They even have beginning and advanced instruction!! What more could you want!!! The courses are done at your own pace. You may take 1 hour to do a course or 3 hours. (Hint: if you take 3 hours you may want to move down to the next lower level). We have national level competitors in SDO, but it's fine to walk the courses (speed doesn't help if you can't find the control)!

June 2, Sun Cuyamaca Green Valley Ron Sandvick 463-8179

Jul 14, Sun UCSD, JJ Hopkins N of Genesse Ron Grayson 438-1337

Aug 3, Sat Balboa Park training, Federal Bldg Ron 438-1337

SDO CONTINUED

Sept14/15 Calif Championships, Palomar Bill Gookin 578-9456 Oct 13, Sat Laguna Mdws Eric Lehtonen 284-4435 For up to date info about these meets call Bill Gookin 578-9456

JUNE 1-2	M:Perkins, Colosseum Maris Valkass, Karen Leonard
1-2	l: Owens, Pilot #1 Dave Petzold, Carolyn West
15-16	I: Rockhouse, Taylor Dome Dave Petzold, Carolyn West
22-23	M: Moses, N. Maggie Kathy Price, Bob Hartunian
29-30	I: Taylor Dome, Sirretta, Smith Charles Knapke, Barbara Cohen
JULY	
3-7	l: Florence, Vogelsang, Davis, Foerster, Electra, & Rodgers Dave Petzold, Dale Van Dalsem
NOTE:	Unfavorable snow conditions may re-

quire cancellation of some of these trips. because OF JARRA CLUB INSURANCE RESTRICTIONS.



"You know what I'm sayin"?... Me, for example. I couldn't work in some stuffy little office....The outdoors just calls to me."

ngawa ne	70167-9		SUMMER/FALL CLIMBS	s, sps 1991
	13-14 13-14 13-14 13-14 13-14	M: I: I: N:	Kearsarge, Dragon Gibbs, Koip Tunnabora, Carillon Royce, Merriam Goode, Gilbert, Johnson	Larry Tidball, Scot Jamison Jim Raiford, Barbara Cohen George Toby, Al Conrad Jim Adler, Karen Leonard Doug Hantle, Randy Danta
LY	19-27	M:	McDuffie, Black Giant, Char Goddard, Fiske, Huxley, Mc	Gee, Emerald, Henry
JULY	19-21 20-21 20-21 20-21	M: M: I: M:	Julius Caesar, Hilgard McAdie, Irvine Florence, Franklin Lakes Hystery Peak	Dave Dykeman, Mancy Gordon Doug Mantle, Yi Grasso Larry Tidball, Bill Oliver Eivor Nilsson, Ron Young Maris Valkass, Jim Farkas
	27-28	I:	Arrow, Cardinal	Virgil Talbott, Randy Danta
	2-5 2-10	M: M:	the Kaweahs Henry, Emerald, Mendel,	Reiner Stenzel, Bill Oliver
	3-4 3-4	M: I:	Goethe, McGee, Scylla Dade, Mills Gould, Bago	George Toby, Al Conrad Dave Dykeman, Roy Magnuson Barbara Cohen, Jim Raiford
E	10-11	M:	Hystery Peak	Maris Valkass, Jim Farkas
US	17-18	M:	Center Peak	Dave Dykeman, Don Borad
AUGUST	22-25	M: M:	Deerhorn, W. Vidette, E. Vidette, Bago Mt. Gould	Bill T. Russell, Bill Gray Kathy Price, Randy Danta
1156 38	25	Ι:	Kearsarge	Jim Adler, Randy Danta
	_		70.970.1	
	30-2	1:	Triple Divide, Lion Rock, Stewart	Igor & Suzanne Mamedalin
	30-2	M: I:	Carson-Iceberg Wilderness Marion, Pyramid, Wynne, Pinchot, Striped, Goodale	Gordon MacLeod, Neko Colevin D. Van Dalsem, Vi Grasso
	31-2	M: M:	Foerester Peak Brewer, N. & S. Guard,	Dave Dykeman, Nancy Gordon 8111 Oliver, Larry Tidball
ЕРТЕМВЕК	7-8	M:	Farquhar Russell, Thor, Carillon	Bill Bradley, Fred Camphause
EM				Ser Carpon
PT	13-16	M:	E. Vidette, Deerhorn, W. Vi Bradley, Bago, Rixford	D. Van Dalsem, Larry Tidball
SE	14-15	I:	Morrison, San Joaquin	Patty Kline, Bob Hartunian
	21 21-22 21-22	I: M: M:	Dana (Jim's list finish) Thompson, Powell Wallace, Haeckel	Jim Murphy, Steve Thaw Dave Petzold, Larry Tidball Randy Danta, Bill Oliver
	28-29 28-29 28-29	I: I: I:	Johnson, Cloudripper Lone Pine, Mt. Mallory Mt. Tom, Basin	Larry Tidball, Steve Thaw Igor & Suzanne Mamedalin Ed Zdon, Bruce Parker
	5-6	1:	Three Sisters	Dave Petzold, Carolyn West
BER	12-13	I: M:	Clouds Rest Harrington, Kennedy	George Hubbard, Mary McMannes Yaughn Sherman, Bruce Parker

19-20 I: Silver Peak Dave Petzold, Carolyn West 19-20 I: Scodie Mtm , Lamont Pk Jerry & Nancy Keating, Walt Whisman

26-27 M: Sawtooth, Needham Ed Zdon, Bruce Parker

Used will Permission

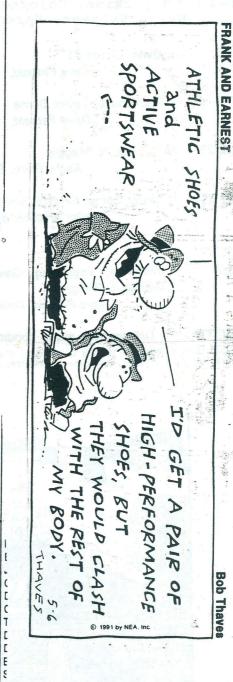
ADVANCE NOTICE: SCHEDULE #257 =

Compiled by Patty Kline & David Eisenberg

i below are for advance notice only. Please check with the Angeles Chapter Schedule for actual trip details or call listed leaders for ir

4		ior advance notice only. Please check with the Angeles Chapter Sch
Ī	7/6	Harwood, Baldy
	7/13	Three Sisters
,	7/13	San Jacinto, Folly, Jean, Marion, Cornell
	7/13	Suicide Rock
f	7/14	Suicide Rock, Castle Rocks, Black#1
	7/14	Baden-Powell, Throop, Burnham
	7/20	Bighorn, Dragon's Head
	7/20	Baden-Powell Twin Peaks, Waterman
	7/20	Waterman
	7/20-7/21	
	7/21	Baldy, Harwood
	7/27	Cucamonga, Etiwanda
	7/27	San Jacinto
	7/27	Smith
	7/27-7/28	Sugarloaf, Onyx, Three Sisters
	8/3	Mt.Wilson
	8/3	Islip
	8/3	Galena
	8/3	Islip, Hawkins, Middle Hawkins, South Hawkins
	8/3	Sugarloaf Mtn
	8/4	Twin Peaks, Waterman
	8/10	Baden-Powell
	8/10	Josephine
	8/11	Throop, Burnham
	8/14	Williamson, Krakta Ridge
4	8/17	Galena
	8/17	Thunder, Telegraph, Timber
No.	8/17	Peak, McPherson
	8/17	Wright, Pine, Dawson, Baldy, Harwood
	8/17	Waterman
	8/17-8/18	Piute, Sorell, Bald Eagle, Lightner, Cannel Pt Smith
-	8/31	Thunder, Telegraph, Timber, Bighorn, Ontario, Sugarloaf
-	8/31	Cleghorn, Calon, Sugarpine, Monument Pk
-	9/1	Baden-Powell, Ross, Burnham, Throop
-	9/7	Snow Pk
-	9/7	Sally, Vetter, Mooney
-	9/7	San Gorgonio
į	9/7-9/8	Cannel Pt, Bald Eagle, Piute, Sorell
	9/11	Cleghorn, Sugarpine, Cajon
-	9/14	Waterman, Twin Pks
-	9/14	Harwood, San Antonio
40.00	9/14	Bighom, Dragon's Head, Lake, Grinnel, 10K Ridge
	9/14	Rabbit, Granite #1, Round Top
	9/15	Islip
-	9/21	Eagle Rest, Antimony
-	9/21	Smith
	9/21	Baden-Powell
1	9/22 _	Galena, Little San Grogonio, Wilshire Mtn, Wilshire Pk, Cedar, Bird
1	9/28	Pallette, Will Thrall, P V Ridge
	9/28-9/29 9/28-9/29	Red Taquitz, South, Antsell, Spitler, Apache
	9/28-9/29	Granite, Tip Top, Mineral, Silver, Gold, Bertha, Arctic, Delamar Alamo, McDonald, Sewart, Ortega Hill, Ortega Pk, Reyes
	10/5	Harwood
	10/5	Lookout #2
	10/5	Sunset Pk
ŧ	10/5	Buck Pt, San Sevaine
	10/5	Mt San Antonio
	10/5	Mt. Lowe
	10/5	Baden-Powell
	10/6	Sunset Pk
	10/6	Lookout #2
,	10/6	Cucamonga, Etiwanda
8	10/6	Bighorn
	10/12	Pleasant View Ridge, Will Thrall, Pallette
1	10/12	Sally, Mooney, Vetter, Hillyer

Luella Fickle, David Eisenberg Alan Coles, Frank Goodykoontz David Eisenberg, Frank Dobos Gabriele Rau, Gordon Lindberg Frank Goodykoontz, Flora Johnston Don Gunn, Sue Gunn Bob Thompson, Joe Young Stag Brown, Bob Thompson Frank Goodykoontz, Frank Long Tal Kanigher, Pat Sullivan David Eisenberg, Charlie Knapke George Schroedter, Southern Courtney Alan Coles, Frank Goodykoontz Sid Davis, Andy Smatko Joe Young, Wynne Benti David Eisenberg, Frank Dobos Don Austin, Doug Demers Ruth Dobos, Dotty Sandford David Eisenberg, Don Borad Frank Goodykoontz, Charlie Knapke Jack Trager, Gordon Lindberg Patty Kline, Bob Hartunian, David Eisenberg Mike Sandford, Dotty Sandford Bob Thompson, Joe Young Tal Kanigher, Pat Sullivan Southern Courtney, George Schroedter Frank Dobos, Ruth Dobos Luella Fickle, Jack Trager Leora Jones, Ron Jones Charlie Knapke, Frank Goodykoontz Jon Sheldon, Ruth Feldon David Eisenberg, Wynne Benti Jack Trager, Gordon Lindberg Charlie Knapke, David Eisenberg Joe Young, Alice Spring Charlie Knapke, David Eisenberg Luella Fickle, Jack Trager David Jensen, David Eisenberg George Schroedter, Southern Courtney Frank Dobos, Ruth Dobos George Schroedter, Pepi Westhal Nami Brown, Stag Brown Frank Dobos, Ruth Dobos David Eisenberg, Frank Goodykoontz Ron Jones, Leora Jones Don Gunn, Sue Gunn David Eisenberg, Carleton Shay Charlotte Feitshans, Rodger Maxwell Tal Kanigher, Pat Sullivan BillT Russell, Frank Goodykoontz Terri Astle, Terri Suttor Alan Coles, Frank Goodykoontz David Eisenberg, Charlie Knapke Leora Jones, Ron Jones Wynne Benti, Joe Young Stag Brown, Bobcat Thompson Bill Crane, George Schroedter Leora Jones, Ron Jones Patty Kline, Frank Goodykoontz Eivor Nilsson, Edna Erspamer Gabriele Rau, Bob Wheatley Tom Armbruster, Teiri Astle Frank Dobos, Ruth Dobos David Eisenberg, Patty Kline Bob Thompson, Julie Rush Frank Dobos, Huth Dobos



USED WITH PERMISSIEN

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Gordon Lindberg, Darlene Kurtzwell

Desert Peak Section call Paul Freiman 692-1367 Jun 15-16 Boundary & Montgomery (White Mtns) (tough) 27-Jul 1 White Mtn traverse (very tough)

DPS ADVANCE SCHEDULE

a11 Schedule #257

Sep 7-8 White Mtn & Waucoba Bill T Russell & F Goodykoontz By BIG PINE

Sep 14-15 White Mtn & Bristle Cones Geo Toby, MacMannes & Harsh
BEWRRE OF RAIN ON THIS ONE. THIS IS THE LEADER'S 3RF TRY (SNOWED OUT)

Sep 18-22 Wed - Sun Zion N.P. Virgin Narrows Steve Smith, R Jones

Sep 21-22 Patterson & Glass Patty Kline, Joe Young By BRIDGE FORT

Sep 28-29 <u>Dubois & Saline Hot Springs</u> Bob Hartunian & Pat Kline

Mopah & Turtle Maris Valkass & Jim Farkass PAST Joshua Tree Oct 5-6

Oct 12-13 w/ Desert Comm. Eureka Dunes/Saline Valley study Trip Igor & Suzanne Mamedalin

Oct 12-13 Hayford & Stirling Larry Tidball & Scott Jamison ins Vens AREA

Oct 19-20 Charleston & Mummy Suzanne & Igor Mamedalin LAS VEGAS AREA

Oct 19-20 w/ Desert Comm. Yuha Desert & Color River wetlands study EASY Ballicon Ron & Leora Jones Equation

Oct 19-20 BLM Workparty in El Paso Mtns Ldr Maris Valkass 7

RICE IN THE DESERT by PAUL

We need to conserve water savs Pete and Mayor Mo save that precious liquid so farmers can make things grow

I don't mind the bad example that Pete and Maureen set But there's something else that's troubling I haven't figured out yet.

Oh, why grow rice in the desert it makes no sense at all like bananas in Alaska cactus in Omaha and we subsidize these farmers out of our hard-earned pay to grow rice in the desert in a wasteful way.

They say there'd be no crisis if farmers conserved at all Only 5% less water and there'd be no short-fall

But we're facing drastic cutbacks and higher water bills so they can grow rice in the desert and that's a bitter pill.



USED WITH PERMISSION



JUNE & SAT. The Thimble, White, HOB AND GOAT.

DON'T MISS THIS BIG GET-TOGETHER HIKE THIS IS THE TYPE OF hike This club is About & All crosscountry and fun route finding. The leaver is Paul Freiman. Bring 3 quarts of water and long pants suggested. The START is AT 7:30 Am in Ranchita. I can drive There in 12 hours from SD, slower drivers adjust. Go one mile past The Ranchita Store to where you enter the ANTA-BORREGO AND THE ROAD STARTS DOWNHILL. There is A fake coutrap ROAD CROSSING RIGHT here, Also, some big rocks on RIGHT. PARK ON THE LEFT (NORTH) Supe, We WILL DO A SMALL CAR SKUTTLE if

There ARE enough CARS. Chimney Rock 16 Don Spring Chimney Spring La Cienaga

FUR ANY AND ALL HINES MIN AND IN THE FUTURE OF RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT

I hereby acknowledge that I have voluntarily applied in mountaineering and/or mountaineering instruction or training, hereinafter referred to as "activities".

I am aware that the activities are hazardous, involving risk of serious bodily injury, death, or property damage and that I am voluntarily participating in these activities with knowledge of these dangers including, but not limited to, slips, falls, objects or persons falling on persons, equipment failure, injury from pointed equipment, high altitude injury, improperly administered first aid, lightning, hypothermia, and/or drowning.

As lawful consideration for being permitted by the San Diego PEAKS CLUS or any of its officers, agents, servants, volunteers, activity participants, or employees, herein referred to as releasees, to participate in these activities and/or use their equipment, the undersigned does for him/herself, his/her heirs, executors, administrators, legal representatives, guardians, distributees, and assigns, collectively referred to as releasors, hereby release, waive, discharge and relinquish any action or causes of action for personal injury, property damage, or wrongful death which may hereafter arise from the activities or any pursuit incidental thereto wherever or however "said pursuit may occur and for whatever period said activities and pursuits may continue. The undersigned further agrees that under no circumstances will the releasors prosecute or present any claim against releasees for any causes of action, for personal injury, property damage or wrongful death, whether the same shall arise by the negligence or non-intentional conduct of any of said releasees from the activities or any pursuit incidental thereto.

The undersigned and the remaining releasors hereby agree to indemify, save and hold harmless the releasees and each of them from any loss, liability, damage or cost (including attorney fees) which releasees may incur as a result of injury, death or property damage to the undersigned

This document is intended to be as broad as is permissible under the law of the State of California and this agreement shall be interpreted under the laws of the State of California. If any portion of this agreement is invalid, it is agreed that the balance shall continue in full force and effect. The undersigned has read and voluntarily signs the release and waiver of liability and indemnity agreement and futher agrees that no oral representations, statements, or inducements apart from the foregoing written agreement have been made. The undersigned acknowledges tha he/she has read the foregoing paragraphs and is completely aware of the potential dangers incident to engaging in the activities, and is fully aware of the legal consequences of signing the within instrument. Signature

HIKERS: Please READ This Release Over, You MAY be ASKED TO SIEM OME. WAIVERS ARE holding up IN The courts Now.