

SAN DIEGO PEAKS CLUB

Issue 1 Volume 2

June 1991

I'm very happy! The response to the SDPC has been great. The club is less than one month old and we have gotten off to a solid start. Welcome new members: Al Holden Wes Shelberg Carl Johnson
Ralph and Beth Davis Jerry Schad Mark Adrian Nancy Harris
Richard Carey Terry Flood Laurie Jenkins Sue Lalicker
Ann Heck. The club has 14 members and word has barely gotten out.

The SDPC is a club dedicated to the intermediate and advanced hikers of San Diego. You don't have to be a tiger to join. You do have to love to hike. Jim Sugg, Terri Astle and Terri Sutor are slow paced leaders, but they may hike 6 to 16 hours. There are specific times when a fast paced hike will be lead, but the leader will tell you beforehand. I have a hard time describing the difference between people who should join the club and those who shouldn't. I guess I should ask you what you think of when you think of a hike. If your answer is a 5 mile trail walk that lasts 2-3 hours, then the Sierra Club will suit you better. The reason I mention this is not because of a snobbishness, but because it is unsafe for this type of a hiker to join SDPC activities. It is both unsafe and unpleasant.

Awards

There are 105 peaks on the San Diego Peaks List (if you are a member and don't have a copy of the list, please give me a call). Hiking 100 peaks earns the Macho award (Fem.=Machete). Climbing 50 peaks earns the mini-macho and completing the list of 105 peaks earns the mega-macho. It is strongly suggested that, as you arrive at a milestone, you carry champagne to the peak (caviar optional) and have a classy celebration. (Sparkling cider may be substituted for alcohol).

Earning mini-macho awards are: Gordon MacLeod (up in LA!), Wes Shelberg, Amentia Allegro, Rass Webo, Paul Freiman and Al Holden. Jim Sugg and Terri Astle are only a few away. Jerry, how many do you have? The only holder of the Macho award is Paul Freiman (which makes sense since I had to scout the list to formulate it).

Awards are being designed by the award-winning Betty Sterrett, and should soon be available.

Meet The Leaders

Jim Sugg: Jim recently completed the 200th Wednesday wilderness hike for Walkabout International(231-7463, hrs 9am-2pm). Jim has a loyal following of 15-30 people per hike. His hikes are about 11 miles and 5½ hours. He leads a moderate pace with appropriate rest stops. Jim only leads the same area once per year, so he visits many scenic areas in a year's time. His hikes are usually less than one hour's drive to the trailhead. He is very safety conscience and is thoroughly knowledgable about the area he is hiking in.

Al Holden: In addition to occasionally leading a hike for Jim, Al frequently solo hikes cross-country. Al and Jim are similar in

leadership style. Both have a strong concern for safety, and pre-hike the trip to be aware of options. Al is a list finisher on the HPS.

Terri Astle and Terri Sutor: I put the twin Terri's together because they usually lead and assist on the same hikes. Sutor is a three time HPS list finisher and Astle has finished the list once. If you are interested in the HPS contact one of these two fine ladies. I personally have Sutor to thank for introducing me to the HPS about 8 years ago. Around November they will start leading PCT sections! They lead a slow-moderate hike. Terri Astle is usually going somewhere every weekend, so give her a call.

HPS, DPS and SPS: HPS stands for "Hundred Peak Section". DPS stands for "Desert Peak Section". SPS stands for "Sierra Peak Section". These are three hiking sections of the Angeles Chapter (LA) of the Sierra Club (the nation's largest Chapter).

The HPS has 271 peaks on their list. HPS has something for everyone. It has some peaks that are 400 feet of gain and $\frac{1}{2}$ mile, that takes 10 minutes to climb. It also has some peaks that are 6000 feet of gain and 17 miles, and 14 hours as a dayhike. HPS mountains range from San Diego to the lower Sierra. Usually 3-4 easy hikes are combined to make a moderate to strenuous day.

DPS has 97 peaks on it's list. While HPS has easy hikes, the DPS average hike takes 6-8 hours at a faster pace, with 3000-4000 feet of gain and mostly off trail hiking. DPS mountains are in Ca, Nv, Utah, Az and Mexico.

Call Terri Astle 571-0471 for HPS info. Call Paul Freiman 692-1367(days) for DPS or HPS info.

We know most of the people in S.D. who are doing the lists.

SPS has 247 Sierra peaks on the list. Most trips are backpacks (DPS and HPS are mostly dayhikes) and are, by necessity, fast paced.

Carl Johnson: I am a bit jealous of the hikes that Carl leads. I want to go on every hike, but work prevents me from doing so. I was introduced to Carl last year when a friend told me of his Baja hikes. Carl is a very strong hiker, but he can lead slower as well as fast hikes. I have not hiked with him when he was the leader, but all my friends speak very highly of him.

Terry Flood: Terry is a National Sierra Club and a Outward Bound leader. Nuff said.

Paul Freiman: The club founder has completed the HPS and DPS lists. I am a former bicycle racer and bike tourist. I have hiked with each of the leaders and am very proud to have the finest leaders in San Diego associated with the club. I expect to pick up a couple more leaders in the next few months.

What NOT to expect from your Leaders

I am very proud of the top quality of leadership available to SDPC. BUT, you know, the best of leaders can not make up for a foolish hiker

or unfortunate circumstances. Know your limits! If you are only fit for a 4 hour hike and you go on a 10 hour hike and don't have a good time, then IT IS YOUR FAULT! If you have trouble with your balance and frequently stumble when doing crosscountry, then don't do crosscountry! Stay on trails! BE RESPONSIBLE FOR YOURSELF! These are the days of teflon presidents and ridiculous lawsuits because people seem to believe that the 'other person' is responsible for bad outcomes. My leaders are all top quality (PDF Choice) and they provide great happiness to many hikers, but when one hikes in the wilderness unexpected things may happen and you may get injured even with the best leader. Who's fault? Unless you are willing to accept responsibility for your life please stick to trail hikes and stay in a neat line betwixt the leader and the 'sweep' on another organization's hikes.

Bits and Pieces

SD hiker of the month! Beth Davis, in three consecutive weekends did (1) a 16 hour trip from Clark Dry Lake to Rabbit;(2) a 32 mile Santa Rosa ridge traverse- look for Beth's write up in the 'Hi-Sierran';(3) a self-described 'Hike from Hell' in Death Valley, a mere 15 hour day. I can't believe people think 'Wonderwoman' is fiction. I get exhausted just thinking about it! Kudos, Beth.

Terri Sutor's husband, hereafter known as 'Ed', recently completed Big Iron (2nd toughest on the HPS). Well done, Ed. Ed is closing in on 200 peaks.

Russell Glavis is closing in on list completion on the HPS and is beginning the DPS.

Terri Sutor is retiring after giving 35 years to teaching. More time for peakbagging, Terri!

Membership

Memberships are \$6.00 and run from June to June. Family membership is the same, since postage is the main cost. ('Family' is anyone, anyname as long as it is one address). Send your membership to Paul Freiman, 4421 Maryland St, San Diego, CA 92116-3902. (619)692-1367

MAKE CHECKS PAYABLE TO PAUL FREIMAN.

Maps and Travel 942-9642

I recently visited a map shop in Encinitas called 'Maps and Travel'. The shop is very good and I encourage our North Coastal members to use it. This is not a paid announcement.

Acupuncture 295-3006

Sue Frosolone is a fantastic healer. Her husband, Chuck, is one of the city's finest trauma surgeons. Sue is also one of the finest healers and she doesn't have to slice you open. Three years ago I developed migraines when working at a new job at the hospital. Three trips to Sue and the migraines have not come back. I have had a sore foot for six months. Two trips to Sue cured it. While I was there I asked her to rid me of shoulder and neck pain that I got on Jerry Schad's Santa

Rosa ridge traverse. No more pain. I go to Sue for any muscle or nerve pain. Sue's office is in Old Town. This also is not a paid announcement.

Hikes

Jim Sugg hikes 224-7895 Wednesdays

June 5 Fortuna Mtn - on list
12 Noble Cyn and Laguna area
19 Morena Butte -GREAT- on list
26 Penasquitos Cyn

Terri Astle 571-0471 and Terri Sutor

July 4-8 San Gorgonio Ridge -CANCELLED
June 15-16 HPS-Monte Arido and Old Man Mtn, Chief and Hines
July 15-22 For Women only-Sierras backpack-limited to 8

Carl Johnson 448-8542

July 9-13 Picacho del Diablo (aka Big Picacho)-~~ECLIPSE~~
don't miss it!

Copper Cyn TRIP IS FULL (JUNE 15-21)

Terry Flood 729-8221

June 8-9 Banner and Ritter backpack, in Sierras

DPS emblem holders in SD: Richard Carey, Ken Olson, Terry Flood, Rheta Schoenman, Bill Stevens

DPS list finishers in SD: Wes Shelberg, Gail Hanna, Paul Freiman

Actively pursuing DPS: Mark Adrian, Ken Olson

Semi-actively pursuing DPS: Russell Glavis, Richard Carey, Terry Flood, Paul Freiman, Rheta Schoenman

HPS list finishers in SD: Wes Shelberg, Terri Sutor, Terri Astle, Gail Hanna, Barbara Raab, Carol Murdock, Paul Freiman, Al Holden

Actively pursuing HPS: Al Holden, Terri Sutor, Terri Astle, Russell Glavis, Monica Durac(Parker), Bob Pinsker, Paul Freiman.

San Diego Orienteering

Have you ever heard of orienteering? You use a map and compass to find 'controls'-specific spots in the woods. Each meet has 4 or 5 different skill, from beginning to advanced. It is a fun way to learn to read a map. The local meets don't take long to drive to and they start at 10am! They even have beginning and advanced instruction!! What more could you want!!! The courses are done at your own pace. You may take 1 hour to do a course or 3 hours. (Hint: if you take 3 hours you may want to move down to the next lower level). We have national level competitors in SDO, but it's fine to walk the courses (speed doesn't help if you can't find the control)!

June 2, Sun Cuyamaca Green Valley Ron Sandvick 463-8179

Jul 14, Sun UCSD, JJ Hopkins N of Genesse Ron Grayson 438-1337

Aug 3, Sat Balboa Park training, Federal Bldg Ron 438-1337

SDO CONTINUED

Sept 14/15 Calif Championships, Palomar Bill Gookin 578-9456
 Oct 13, Sat Laguna Mdws Eric Lehtonen 284-4435
 For up to date info about these meets call Bill Gookin 578-9456

JUNE

SPS

1-2 M: Perkins, Colosseum
 Maris Valkass, Karen Leonard

1-2 I: Owens, Pilot #1
 Dave Petzold, Carolyn West

15-16 I: Rockhouse, Taylor Dome
 Dave Petzold, Carolyn West

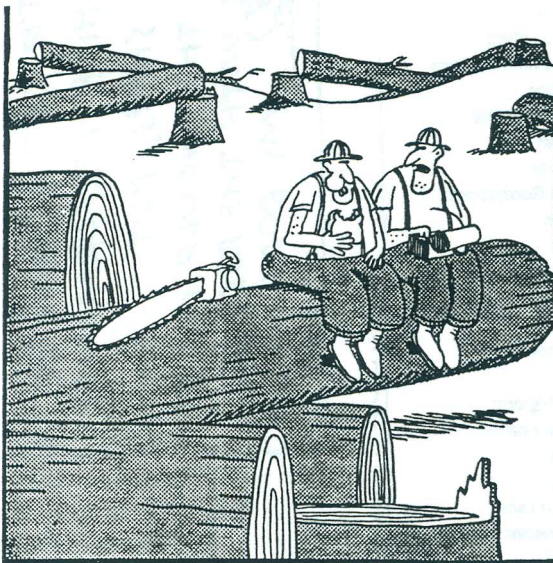
22-23 M: Moses, N. Maggie
 Kathy Price, Bob Hartunian

29-30 I: Taylor Dome, Sirretta, Smith
 Charles Knapke, Barbara Cohen

JULY

3-7 I: Florence, Vogelsang, Davis, Foerster,
 Electra, & Rodgers
 Dave Petzold, Dale Van Dalsem

NOTE: Unfavorable snow conditons may require cancellation of some of these trips. *BECAUSE OF SIERRA CLUB INSURANCE RESTRICTIONS.*



"You know what I'm sayin'? ... Me, for example. I couldn't work in some stuffy little office. ... The outdoors just calls to me."

SPS

SUMMER/FALL CLIMBS, SPS 1991

JULY

13-14 M: Kearsarge, Dragon Larry Tidball, Scot Jamison
 13-14 I: Gibbs, Koip Jim Raiford, Barbara Cohen
 13-14 I: Tunnabora, Carillon George Toby, Al Conrad
 13-14 I: Royce, Merriam Jim Adler, Karen Leonard
 13-14 M: Goode, Gilbert, Johnson Doug Mantle, Randy Danta

19-27 M: McDuffie, Black Giant, Charybdis, Scylla, Goddard, Fiske, Muxley, McGee, Emerald, Henry
 Dave Dykeman, Nancy Gordon
 19-21 M: Julius Caesar, Hilgard Doug Mantle, Vi Grasso
 20-21 M: McAdie, Irvine Larry Tidball, Bill Oliver
 20-21 I: Florence, Franklin Lakes Eivor Nilsson, Ron Young
 20-21 M: Mystery Peak Maris Valkass, Jim Farkas

27-28 I: Arrow, Cardinal Virgil Talbott, Randy Danta

AUGUST

2-5 M: the Kaweahs Reiner Stenzel, Bill Oliver
 2-10 M: Henry, Emerald, Mendel, Goethe, McGee, Scylla
 George Toby, Al Conrad
 3-4 M: Dade, Mills Dave Dykeman, Roy Magnuson
 3-4 I: Gould, Bago Barbara Cohen, Jim Raiford

10-11 M: Mystery Peak Maris Valkass, Jim Farkas
 17-18 M: Center Peak Dave Dykeman, Don Borad

22-25 M: Deerhorn, W. Vidette, E. Vidette, Bago Bill T. Russell, Bill Gray
 24 M: Mt. Gould Kathy Price, Randy Danta
 25 I: Kearsarge Jim Adler, Randy Danta

SEPTEMBER

30-2 I: Triple Divide, Lion Rock, Stewart Igor & Suzanne Mamedalin
 30-2 M: Carson-Iceberg Wilderness Gordon MacLeod, Neko Colevins
 30-2 I: Marion, Pyramid, Wynne, Pinchot, Striped, Goodale D. Van Dalsem, Vi Grasso
 Dave Dykeman, Nancy Gordon

31-2 M: Foerster Peak Bill Oliver, Larry Tidball
 31-2 M: Brewer, M. & S. Guard, Farquhar Bill Bradley, Fred Camphausen

7-8 M: Russell, Thor, Carillon

13-16 M: E. Vidette, Deerhorn, W. Vidette, Center, Bradley, Bago, Rixford D. Van Dalsem, Larry Tidball
 14-15 I: Morrison, San Joaquin Patty Kline, Bob Hartunian

21 I: Dana (Jim's list finish) Jim Murphy, Steve Thaw
 21-22 M: Thompson, Powell Dave Petzold, Larry Tidball
 21-22 M: Wallace, Haeckel Randy Danta, Bill Oliver

28-29 I: Johnson, Cloudripper Larry Tidball, Steve Thaw
 28-29 I: Lone Pine, Mt. Mallory Igor & Suzanne Mamedalin
 28-29 I: Mt. Tom, Basin Ed Zdon, Bruce Parker

OCTOBER

5-6 I: Three Sisters Dave Petzold, Carolyn West
 12-13 I: Clouds Rest George Hubbard, Mary McMannes
 12-13 M: Harrington, Kennedy Vaughn Sherman, Bruce Parker

19-20 I: Silver Peak Dave Petzold, Carolyn West
 19-20 I: Scodie Mtn, Lamont PK Jerry & Nancy Keating, Walt Whisman

26-27 M: Sawtooth, Needham Ed Zdon, Bruce Parker

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HPS ADVANCE NOTICE: SCHEDULE #257

UNDERLINED TRIPS ARE MORE DYNAMIC

Compiled by Patty Kline & David Eisenberg

Below are for advance notice only. Please check with the Angeles Chapter Schedule for actual trip details or call listed leaders for it

7/6	Harwood, Baldy	Luella Fickle, David Eisenberg
7/13	<u>Three Sisters</u>	Alan Coles, Frank Goodykoontz
7/13	<u>San Jacinto, Folly, Jean, Marion, Cornell</u>	David Eisenberg, Frank Dobos
7/13	Suicide Rock	Gabriele Rau, Gordon Lindberg
7/14	Suicide Rock, Castle Rocks, Black#1	Frank Goodykoontz, Flora Johnston
7/14	Baden-Powell, Throop, Burnham	Don Gunn, Sue Gunn
7/14	<u>Bighorn, Dragon's Head</u>	Bob Thompson, Joe Young
7/20	Baden-Powell	Stag Brown, Bob Thompson
7/20	Twin Peaks, Waterman	Frank Goodykoontz, Frank Long
7/20	Waterman	Tal Kanigher, Pat Sullivan
7/20-7/21	<u>Entire San Grogonio Ridge Backpack</u>	David Eisenberg, Charlie Knapke
7/21	Baldy, Harwood	George Schroedter, Southern Courtney
7/27	<u>Cucamonga, Etiwanda</u>	Alan Coles, Frank Goodykoontz
7/27	San Jacinto	Sid Davis, Andy Smatko
7/27	Smith	Joe Young, Wynne Benti
7/27-7/28	Sugarloaf, Onyx, Three Sisters	David Eisenberg, Frank Dobos
8/3	Mt. Wilson	Don Austin, Doug Demers
8/3	Islip	Ruth Dobos, Dotty Sandford
8/3	Galena	David Eisenberg, Don Borad
8/3	<u>Islip, Hawkins, Middle Hawkins, South Hawkins</u>	Frank Goodykoontz, Charlie Knapke
8/3	Sugarloaf Mtn	Jack Trager, Gordon Lindberg
8/4	Twin Peaks, Waterman	Patty Kline, Bob Hartunian, David Eisenberg
8/10	Baden-Powell	Mike Sandford, Dotty Sandford
8/10	Josephine	Bob Thompson, Joe Young
8/11	Throop, Burnham	Tal Kanigher, Pat Sullivan
8/14	Williamson, Krakta Ridge	Southern Courtney, George Schroedter
8/17	Galena	Frank Dobos, Ruth Dobos
8/17	Thunder, Telegraph, Timber	Luella Fickle, Jack Trager
8/17	Peak, McPherson	Leora Jones, Ron Jones
8/17	<u>Wright, Pine, Dawson, Baldy, Harwood</u>	Charlie Knapke, Frank Goodykoontz
8/17	Waterman	Jon Sheldon, Ruth Feldon
8/17-8/18	<u>Piute, Sorell, Bald Eagle, Lightner, Cannel Pt</u>	David Eisenberg, Wynne Benti
8/21	Smith	Jack Trager, Gordon Lindberg
8/31	<u>Thunder, Telegraph, Timber, Bighorn, Ontario, Sugarloaf</u>	Charlie Knapke, David Eisenberg
8/31	Cleghorn, Cajon, Sugarpine, Monument Pk	Joe Young, Alice Spring
9/1	<u>Baden-Powell, Ross, Burnham, Throop</u>	Charlie Knapke, David Eisenberg
9/7	Snow Pk	Luella Fickle, Jack Trager
9/7	Sally, Vetter, Mooney	David Jensen, David Eisenberg
9/7	San Grogonio	George Schroedter, Southern Courtney
9/7-9/8	<u>Cannel Pt, Bald Eagle, Piute, Sorell</u>	Frank Dobos, Ruth Dobos
9/11	Cleghorn, Sugarpine, Cajon	George Schroedter, Pepi Westhal
9/14	Waterman, Twin Pks	Nami Brown, Stag Brown
9/14	Harwood, San Antonio	Frank Dobos, Ruth Dobos
9/14	<u>Bighorn, Dragon's Head, Lake, Grinnel, 10K Ridge</u>	David Eisenberg, Frank Goodykoontz
9/14	Rabbit, Granite #1, Round Top	Ron Jones, Leora Jones
9/15	Islip	Don Gunn, Sue Gunn
9/21	<u>Eagle Rest, Antimony</u>	David Eisenberg, Carleton Shay
9/21	Smith	Charlotte Feitshans, Rodger Maxwell
9/21	Baden-Powell	Tal Kanigher, Pat Sullivan
9/22	<u>Galena, Little San Grogonio, Wilshire Mtn, Wilshire Pk, Cedar, Birch</u>	Bill Russell, Frank Goodykoontz
9/28	<u>Palette, Will Thrall, P V Ridge</u>	Terri Astle, Terri Suttor
9/28-9/29	<u>Red Taquitz, South, Antsell, Spitter, Apache</u>	Alan Coles, Frank Goodykoontz
9/28-9/29	<u>Granite, Tip Top, Mineral, Silver, Gold, Bertha, Arctic, Delamar</u>	David Eisenberg, Charlie Knapke
9/28-9/29	<u>Alamo, McDonald, Sewart, Ortega Hill, Ortega Pk, Reyes</u>	Leora Jones, Ron Jones
10/5	Harwood	Wynne Benti, Joe Young
10/5	Lookout #2	Stag Brown, Bobcat Thompson
10/5	Sunset Pk	Bill Crane, George Schroedter
10/5	Buck Pt, San Sevaine	Leora Jones, Ron Jones
10/5	Mt San Antonio	Patty Kline, Frank Goodykoontz
10/5	Mt. Lowe	Evor Nilsson, Edna Erspamer
10/5	Baden-Powell	Gabriele Rau, Bob Wheatley
10/6	Sunset Pk	Tom Armbruster, Terri Astle
10/6	Lookout #2	Frank Dobos, Ruth Dobos
10/6	Cucamonga, Etiwanda	David Eisenberg, Patty Kline
10/6	Bighorn	Bob Thompson, Julie Rush
10/12	<u>Pleasant View Ridge, Will Thrall, Palette</u>	Frank Dobos, Ruth Dobos
10/12	Sally, Mooney, Vetter, Hillyer	Gordon Lindberg, Darlene Kurtzwell

ATHLETIC SHOES
and
ACTIVE
SPORTSWEAR



I'D GET A PAIR OF
HIGH-PERFORMANCE
SHOES, BUT
THEY WOULD CLASH
WITH THE REST OF
MY BODY.

THAVES 5-6

FRANK AND EARNEST

Bob Thaves

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